

# Projet de vos activités au Japon

Date: 10/05/2023

Nom de famille	Prénom	Sexe	Age
Période	Villes dans lesquelles vous comptez séjourner. Type d'hébergement et loyer envisagé.	Activités (travail, études, voyages, etc.) que vous souhaitez exercer au Japon ?	
<p><b>First 4 months after arrival</b>  <b>From September 5<sup>th</sup> to December 31, 2023</b>            (4 months stay)</p>	<p><b><u>Cities:</u></b>  <b>Tokyo 東京</b>  <b>Yokohama 横浜</b></p> <p><b><u>Types of accommodation:</u></b>            Friend's flat in Tokyo then Share house in Yokohama</p> <p><b><u>Links:</u></b>  <a href="http://oakhouse.jp/eng/area/kanagawa-borderless-house.com/jp/sharehouse/">oakhouse.jp/eng/area/kanagawa-borderless-house.com/jp/sharehouse/</a></p> <p><b><u>Accommodation budget:</u></b>  <b>Between 50.000 and 75.000Yen</b></p> <p><b><u>Monthly budget cost of living in Japan:</u></b></p> <p>Food (1,500 yen/day) 45,000 yen per month,</p> <p>Transportation (within the city only) 15,000 yen per month,</p> <p>Entertainment (excluding sightseeing) 7,500 yen per month,</p> <p>Emergencies and contingences 7,500 yen per month</p> <p>Telephone subscription: 6,000 yen per month.</p> <p><b>Total: 81.000 Yen per month</b>  <b><u>The same living cost will be applied for all months of the Working Holiday.</u></b></p> <p><b><u>Links:</u></b>  <a href="http://pvtistes.net/dossiers/cout-de-la-vie-au-japon">pvtistes.net/dossiers/cout-de-la-vie-au-japon</a>  <a href="http://Minimum wage - Japan - WageIndicator.org">Minimum wage - Japan - WageIndicator.org</a></p>	<p><b><u>First steps:</u></b></p> <p>Arrival in Tokyo (<b>initial budget of 1.000.000 Yen</b>)  <b>The plane ticket will be pay separately from this budget.</b>            Accommodation by a friend living in Tokyo (Meguro) for the first few weeks then Sharehouse in Yokohama.            First administrative steps (opening a bank account if necessary, phone line, looking for a small job...)</p> <p><b><u>Jobs:</u></b>  <b>Starting from October</b>            English or French lessons (2000-2500 Yen per hour), 10 hours per week  <a href="http://onecoininenglish.com">onecoininenglish.com</a> / <a href="http://geo.craigslist.org/iso/jp-tutoroo.co">geo.craigslist.org/iso/jp-tutoroo.co</a>            Waiter/dishwasher or convenience store clerk (1000-1050 yen per hour), 10 hours per week  <a href="http://jobsinjapan.com">jobsinjapan.com</a> / <a href="http://gaijinpot.com">gaijinpot.com</a>  <b>For a total of 120.000min to 142.000max Yen per month of income estimated for 20 hours per week</b></p> <p><b><u>Visits et activities:</u></b>  <b>Exploration of the Kantô</b></p> <ul style="list-style-type: none"> <li>❖ Purchase of the “Grutto Pass” (2.500Yen)</li> <li>❖ Purchase of “JR Tokyo Wide pass” (10.000Yen)</li> <li>❖ In depth discovery of temples, parks, and other attractions in Tokyo (Imperial Palace, Meiji Shrine, Edo Museum, Odaiba, Onsen and Sento, etc...)            Learning Japanese with meetings in Sharehouse and/or outside</li> <li>❖ Visit of Yokohama (Chinatown, harbour quays, Gundam Factory, parks, museum, etc.)</li> <li>❖ Scattered trips to discover the Kantô region with the JR Tokyo wide pass (Kanagawa, Kamakura, Chiba, beaches of the southern coast of Kanagawa, Mount Takao, etc...)</li> </ul> <p><b><u>Links:</u></b>  <a href="http://rekibun.or.jp/en/grutto/">rekibun.or.jp/en/grutto/</a>  <b><u>Travel Japan - Japan National Tourism Organization (Official Site)</u></b></p> <p><b><u>Budget for visits and activities</u></b>  <b>20.000 to 25.000 Yen per month</b></p>	

<p><b>From January 1<sup>st</sup> to April 30, 2024</b> (4 months stay)</p>	<p><b><u>City:</u></b> <b>Osaka 大阪</b></p> <p><b><u>Types of accommodation:</u></b> Sharehouse</p> <p><b><u>Links:</u></b> <a href="http://oakhouse.jp/eng/house/kansai">oakhouse.jp/eng/house/kansai</a> <a href="http://shares.house/L_en/borderless-house.com/jp/kansai/">shares.house/L_en/borderless-house.com/jp/kansai/</a> <a href="http://House.in.Osaka-Sharehouse.in">House in Osaka - Sharehouse.in</a></p> <p><b><u>Accommodation budget:</u></b> Between 50,000 and 75,000 Yen</p>	<p><b><u>Jobs:</u></b> Same logic as Tokyo but with little less wage</p> <p>English or French lessons (2000-2500 Yen/Hour), 10 hours per week max Waiter/dishwasher or convenience store clerk (950-1000 Yen/Hour), 10 hours per week max</p> <p><b>For a total of 118.000min to 140.000max Yen per month of income estimated for 20 hours per week</b></p> <p><b><u>Visits and activities:</u></b> <b>Discovery of the Kansai region</b></p> <ul style="list-style-type: none"> <li>✚ Arrival in Osaka by plane or Shinkansen (5.000-15.000Yen) <ul style="list-style-type: none"> <li>❖ Discovery of the city of Osaka (Umeda, Castle of Ôsaka-Jô, Dôtonbori...)</li> </ul> </li> <li>✚ Visit of close cities via local train <ul style="list-style-type: none"> <li>❖ Osaka – Kyoto round trip 1160 Yen (Gion, Pontocho, Mitsukoshi, Fushimi inari...etc.)</li> <li>❖ Osaka - Nara round trip 1560 Yen (Temples and sanctuary visits)</li> <li>❖ Osaka - Kobe round trip 850 Yen (Arima Onsen, Nankinmachi, Nofuku-ji...etc)</li> <li>❖ Etc...</li> </ul> </li> </ul> <p><b><u>Links:</u></b> <a href="http://12go.asia/fr/travel">12go.asia/fr/travel</a></p> <p><b><u>Budget for visits and activities:</u></b> <b>20.000 to 25.000 Yen per month</b></p>
<p><b>From May 1<sup>st</sup> to 30 June 2024</b> (2 months stay)</p>	<p><b><u>City:</u></b> <b>Fukuoka 福岡</b></p> <p><b><u>Types of accommodation:</u></b> Sharehouse</p> <p><b><u>Links</u></b> <a href="http://oakhouse.jp/eng/area/fukuoka">oakhouse.jp/eng/area/fukuoka</a> <a href="http://sharehouse.in/eng">sharehouse.in/eng</a> <a href="http://sharehouse.in/eng">sharehouse.in/eng</a></p> <p><b><u>Accommodation budget:</u></b> 50,000 to 60,000 Yen/Month</p>	<p><b><u>Jobs:</u></b> English or French lessons (2000 - 2500 Yen per hour), 10 hours per week.</p> <p><b>For a total of 80.000Min to 100.000Max Yen per month of income estimated for 10 hours per week</b></p> <p><b><u>Visits et activities:</u></b> <b>Discovery of Kyushu</b></p> <ul style="list-style-type: none"> <li>✚ Arrival in Fukuoka by plane (6.000-7.000 Yen) <ul style="list-style-type: none"> <li>❖ Discovery of Fukuoka (Temples, Sanctuary, Bayside, Ohori parc, Hakata...etc)</li> </ul> </li> <li>✚ Discovery of Kyushu <ul style="list-style-type: none"> <li>❖ Visit of Nagasaki (5000Yen round trip)</li> <li>❖ Visit of Kumamoto (4260Yen round tip)</li> <li>❖ Visit of Beppu and its Onsen (7960Yen by bus for a round trip)</li> <li>❖ Scattered trip around Kyushu according to the budget</li> </ul> </li> </ul> <p><b><u>Budget for visits and activities:</u></b> <b>25.000 to 30.000 Yen per month</b></p>

**From July 1<sup>st</sup> to August 10, 2024**  
(1 month stay)

**City:**  
Sendai 仙台

**Types of accommodation:**  
Airbnb or Hotel

**Links**  
[airbnb.fr/sendai-japan/stays](https://airbnb.fr/sendai-japan/stays)

[booking.com](https://booking.com)

[booking.com/city/jp/aomori.fr](https://booking.com/city/jp/aomori.fr)

[trivago.fr](https://trivago.fr)

**Accommodation budget:**  
**Between 45,000 and 65,000 Yen/Month**

**Jobs:**

No jobs if the budget allows it otherwise, English or French lessons (2000 - 2500 Yen per hour), 10 hours per week.

**For a total of 80.000 to 100.000 Yen for per month of income estimated for 10 hours per week**

**Visits and activities:**

**Discovery of the the Tohoku region**

- + Arrival in Sendai by plane (15.000 – 20.000Yen)
  - ❖ Discovery of Sendai (Aoba castle ruins, Zuihoden, Akiu onsen, parks and museum...)
- + Discovery of the Miyagi prefecture
  - ❖ Discovery of the Miyagi prefecture (Okama crater, Naruko onsen, Matsushima Bay, etc...)
- + Few days stay in the city of Aomori for the Nebuta matsuri if the budget permits it

**Budget for visits and activities:**  
**20.000 to 25.000 Yen per month**

**From August 10 to September 1<sup>st</sup>, 2024**  
(End of the stay)

**City**  
Tokyo 東京

**Type of accommodation**  
Friend's flat if possible, or Hotel

**Links:**  
[booking.com](https://booking.com)  
[trivago.fr](https://trivago.fr)

**Accommodation budget:**  
**Between 50,000 and 75,000 Yen**

**Jobs:**

No jobs if the budget allows it otherwise, English or French lessons (2000 - 2500 Yen per hour), 10 hours per week.

**For a total of 80.000 to 100.000 Yen for per month of income estimated for 10 hours per week**

**End of the stay:**

Return to Tokyo (3.000 by bus to 11.000 by Shinkansen) by August, in view of the departure to France for September 1<sup>st</sup>  
Visit of last restaurants, karaoke and bars depending on the final budget in Tokyo for the last few weeks.

Return to Paris by plane, 600 - 1000€ or 89.000Yen to 148.000Yen (At the Euro/Yen rate of May 10, 2023)

**Budget for visits and activities:**  
**20.000 to 25.000 Yen per month**

**Saving left at the end of the stay:**

Minimum spending	1707500	Saving remaining worst-case scenario	125500
Maximum spending	2026500	Saving remaining best-case scenario	678500
Minimum income	1152000	Minimum income + intial budget	2152000
Maximum income	1386000	Maximum income + initial budget	2386000

**If financial hardship or too tight, I will be able to add up to 5000€ in the budget, as I have some side savings left**



