

Projet de vos activités au Japon

Nom de famille :	Prénom :	Sexe :	Date de naissance :
DUBUS	Angélique	Féminin	25/04/1994
Période	Villes dans lesquelles vous comptez séjourner. Type d'hébergement et loyer envisagé.	Activités que vous souhaitez exercer au Japon : description des visites touristiques/culturelles et le budget que vous souhaitez y consacrer, autres activités (cours de langues, etc) avec le nombre d'heures et le coût (le cas échéant), emploi éventuel (type d'emploi, nombre d'heures et salaire envisagés, pistes de recherche).	
Beginning of January 2026 – February (approx. 1 month)	<p style="text-align: center;">TOKYO (Chiba, Kawagoe)</p> <p style="text-align: center;">Accommodations :</p> <p style="text-align: center;">Tokyo :</p> <p style="text-align: center;">Share house or guesthouse https://www.oakhouse.jp/ https://tokyosharehouse.com https://www.sakurahouse.com https://stayandtokyo.com/</p> <p style="text-align: center;">Approx. 60 000¥/month (369€)</p> <p style="text-align: center;">While in Chiba (1night) : Couchsurfing Or bewelcome.org/</p>	<p>• During the first week following the arrival - Administrative procedures : Quickly go to the prefecture to do the resident registration, subscribe to the Japanese medical insurance, get a sim card and a SUICA card (Tokyo's transport).</p> <p>• <u>Japanese's classes/other way of learning :</u></p> <ul style="list-style-type: none"> - Free classes dispensed by local associations, - meetup.com & LINE (message application), <p>• <u>Cultural activities & visits :</u></p> <ul style="list-style-type: none"> - <u>Famous districts:</u> Shinjuku, Shibuya, Ginza, Sagenjaya, Asakusa, Yanaka (shitamachi), Akihabara, Ikebukuro, Roppongi, see the imperial palace (Kôkyo), Koenji..., (maybe Kawagoe?) - <u>Temples & shrines :</u> Kanda Myojin shrine, Meiji-jingu, Tôgo-jinja, Senso-ji, Nezu-jinja, - <u>Parks :</u> Ueno Park, Koishikawa koraku-en garden, Rikugien gardens, Hama-Rikyu, - <u>Museums :</u> Edo-Tokyo Open-air architectural museum, Edo-Tokyo museum, Samurai museum, Studio Ghibli museum, Sumida Hokusai museum, Shitamachi museum, Ota Memorial museum (ukiyo-e), ... - <u>Markets :</u> Amekoyo market (Ueno), Tsukiji fish market, ... <p>• <u>Chiba :</u></p> <ul style="list-style-type: none"> - Mount Nokogiri (700¥), - Kawasaki Daishi, <p>• <u>Hikes :</u> Mount Tenzawa, mount Mitake, mount Ooyama, mount Kumotori, ...</p> <p><u>Total of expenses for visits and activities :</u> Transports : approx. 40 000¥ (246€) (hikes & Chiba included) Cultural activities : approx. 25 000¥ (150€) Food : approx. 45 000¥ (277€)</p>	

Feb – April

(approx. 2 months and a half)

OSAKA AND SURROUDINGS

Accommodations Osaka :
Share house or guesthouse

Approx. 50 000¥/month x 2 =
100 000¥ (621€)

Accommodations Kyoto/Nara :
Youth hostel or Airbnb

Approx. 4000¥/nights x 7 nights = 16 000¥ (approx. 100€)

• Japanese's classes :

- Italki (online) = 9000¥/month (55€)

• Cultural activities & visits in Osaka :

- Famous districts : Chûô-ku, Umeda sky building, Nipponbashi Den-den Town, Shin Sekai (Tsêtenkaku tower), Dôtonbori, Osaka castle, Tsurumi Ryokuchi, Biwa Lake, ...
- Temples : Shi Tennô-ji, Katsuô-ji,
- Parks : Kema sakuranomiya park, Tsurumi Ryokuchi Park, ...
- Museums : Osaka science museum, Osaka museum of history, Japan Folk Crafts museum, ...
- Markets : flea market in Shi Tennô-ji (21st and 22nd of every months), ...
- Festivals : Hanami!

• Cultural activities & visits surrounding Osaka :

- Kyoto visits : Gion district, Ishibe kôji road, Fushimi, Arashiyama bamboo, Pontocho, Sannenzaka/Higashiyama-ku, Maruyama park, Keage incline, Nishiki Market, Kamishichi-ken, Philosopher's path, Ginkaku-ji, Kinkaku-ji, Nijô-jô castle, Yasaka shrine, Nanzen-ji, Hongan-ji, Heian-jingû, Fushimi Inari-taisha, Daitoku-ji (tea ceremony) and Koto-in tea house, Kyoto National museum, Kyoto gosho (palace), Hozugawa river, Togetsukyo bridge, ...
- Nara visits : Imaicho, naramachi district, Chôgosonshi-ji, Isui-en garden, Tôdai-ji, Ukimido pavilion,
- Kobe day visit + Himeji castle

Total of expenses for visits and activities :

Transports from Gifu to Osaka : 7000¥ (approx. 43€)

Transports in Osaka and surroundings : 18 000¥ (SUICA) + 5300¥ (Kyoto, Nara, ...) = 23 300¥ (143€)

Cultural activities : approx. 20 000¥ (123€)

Food : Approx. 45 000¥/month so 90 000¥ (560€)

Japanese classes : 18 000¥ (approx. 110€)

PART TIME JOB/BAITO :

Hotel and restauration, youth hostels or shop.

<https://jobs.gaijinpot.com/>

<https://www.baitoru.com/>

<https://www.yolo-japan.com/en/> <https://jobsinjapan.com/>

Approx. 1000¥/hour – 25hours/week during 2 months, so approx. 200 000¥ (1243€).

<p>April – May (1 month)</p>	<p style="text-align: center;">WAKAYAMA</p> <p style="text-align: center;">Helpx/workaway (agriculture –farming, already found few, lots of proposal in Wakayama prefecture)</p> <p style="text-align: center;">Free of charge for the accommodation.</p> <p style="text-align: center;">+ maybe if I have to pay for a week or so :</p> <p style="text-align: center;">Sharehouse (eg. Shirahama Sakae) Approx. 15 000¥ (93€)</p>	<p>• Japanese’s classes :</p> <ul style="list-style-type: none"> - Italki (online) = 9000¥/month (55€) <p>• Cultural activities & visits :</p> <ul style="list-style-type: none"> - <u>Famous places</u> : Wakayama castle, Kimii dera, Momijidani teien garden, Kishu Toshohu shrine, Yosui-en garden, Modern art museum of Wakayama, Washima-jinja, Kuroshio market, ... - <u>Around Wakayama</u> : Nachi san, Kumano Nachi Taisha and Hashugyu-iwa rocks. <p>• Hikes : Koyasan & maybe some part of Kumano Kodo (spiritual path)</p> <p>Total of expenses for visits and activities : Transport from Osaka to Wakayama : 1300¥ (approx. 8€) Transports during month (including hikes) : 20 000¥ (123€) Cultural activities : 15 000¥ (93€) Food : Approx. 40 000¥/month (248€) Japanese classes : 9000¥ (approx. 55€)</p>
<p>June – August (3 months)</p>	<p style="text-align: center;">NAGANO PREFECTURE</p> <p style="text-align: center;">MATSUMOTO</p> <p style="text-align: center;">Sharehouse/Guest house 40 000¥/month depending on the accommodation so 120 000¥ (746€)</p>	<p>• Japanese’s classes :</p> <ul style="list-style-type: none"> - Italki (online) = 9000¥/month (55€) <p>• Cultural activities & visits :</p> <ul style="list-style-type: none"> - <u>Famous places</u> : Matsumoto castle, Nakamachi (neighborhood), Obasute rice terraces, Azumino, Takayama (prefect. Nagano), Shirakawa-go villages (not sure), Togakushi Kodo Trail (ninja trail), Suwa Lake, - <u>Onsens</u> : Jigokudani, Okuhida onsengo Hirayu, - <u>Museums</u> : Hokusai museum, Tagakushi folk museum – ninja house, Matsumoto city museum of art, <p>• Hikes : Kamikochi -Yake-dake mount, Hotaka-dake mount, Yariga-take - Chubu-Sangaku National Park, ...</p> <p>Total of expenses for visits and activities : Transport from Wakayama to Matsumoto : 15 000¥ (approx. 93€) Transports during months (including hikes) : approx. 20 000¥ (local buses) + 30 000¥ other trips so 50 000¥ (approx. 310€) Cultural activities : 20 000¥ (123€) Food : Approx. 40 000¥/month so 120 000¥ (745€)</p>

<p>August – September</p> <p>(1 month)</p>	<p>SAPPORO (and surroundings)</p> <p>Sharehouse or Guesthouse Approx. 45 000¥/month (280€)</p> <p>(lots of announce in the region, DK house, Nekogoya, artroom, ...)</p> <p>1 or 2 weeks camping/campsites :</p> <p>Uraasahi campsite (Daisetsuzan), Akankohan campsite (Akan national park), Morrapu camping site (Shikotsu Toya)</p> <p>Approx. 1000¥/night so 6000¥ for a week (37€)</p>	<p>• Cultural activities & visits :</p> <ul style="list-style-type: none"> - <u>Famous & cultural places</u> : Sapporo Pirka Kotan, Susukino, Tanuki koji, Tokei dai, Sapporo Jogai Ichiba market, Kaitaku no mura (historical village of Hokkaido), Hokkaido jingu, Mount Moiwa, Hill of the Buddha ... (and maybe Otaru) - <u>Parks</u> : Moerenuma park, Odori park, Nakajima park, - <u>Museums</u> : Sapporo art park, Sapporo beer museum, <p>• Hikes : National park of Akan, Shikotsu Toya, Eniwa Mount, Yoichi mount, Daisetsuzan national park, ...</p> <p>Total of expenses for visits and activities : Transport from Hakone (Odawara station) > Tokyo > Tomakomai (ferry) > Sapporo : 15 000¥ (approx. 93€) Transports : 30 000¥ (186€) Cultural activities : 10 000¥ (62€) Food : Approx. 40 000¥/month (248€)</p> <p>PART TIME JOB/BAITO :</p> <p>Hotel and restauration, youth hostels or shop. https://jobs.gaijinpot.com/ https://www.baitoru.com/ https://www.yolo-japan.com/en/ https://jobsinjapan.com/ Approx. 1000¥/hour – 25hours/week during 1 month, so approx. 100 000¥ (621€ approx.)</p>
<p>DURATION TOTAL :</p> <p>9 months</p>	<p>PERSONAL SAVINGS : 6700€ (approx. 1 080 000¥)</p> <p>TOTAL OF INCOMES : (part time job – 3 months max.) Approx. 1860€ (approx. 300 000¥)</p> <p>TOTAL BUDGET : 8560€ (approx. 1 377 000¥)</p> <p>TOTAL OF EXPENSES : 8150€ (approx. 1 312 000¥)</p> <p>So 410€ for unforeseen events (66 000¥)</p>	<p>Expenses for each stay :</p> <ul style="list-style-type: none"> • Tokyo : approx. 170 000¥ - 1050€ • Osaka : approx. 274 000¥ - 1700€ • Wakayama : approx. 100 000¥ - 620€ • Matsumoto : approx. 325 000¥ - 2020€ • Sapporo : approx. 146 000¥ - 910€ <p>SO = 6300€ approx.</p> <p>Airplane tickets (I'll buy my tickets in April 2025) : Approx. 1500€ (Toulouse>Tokyo & Sapporo> Toulouse)</p> <p>Medical insurance and sim card fees : 350€ (56 300¥ approx.)</p> <p>All of this knowing that I will have worked all year 2025, so I'll have more savings (for unforeseen events for example). Actually I earn 1700€/month and will have incomes like my paid leave (2000€ more in 2 months) so I will be able to have more savings that what's on my account for now. AND The expenses will be checked and controlled weekly</p>