

Date

## Projet de vos activités au Japon

<b>Nom de famille</b> _____	<b>Prénom</b> <u>Matthieu</u>	<b>Sexe</b> <u>Masculin</u>	<b>Age</b> <u>29</u>
Période	Villes dans lesquelles vous comptez séjourner. Type d'hébergement et loyer envisagé.	Activités que vous souhaitez exercer au Japon : description des visites touristiques/culturelles et le budget que vous souhaitez y consacrer, autres activités (cours de langues, etc) avec le nombre d'heures et le coût (le cas échéant), emploi éventuel (type d'emploi, nombre d'heures et salaire envisagés, pistes de recherche)	
<b>Late September to early October (10 days)</b>	<b>TOKYO</b> Budget Hostels (link)	<p><b><u>ADMINISTRATIVE PROCEDURES :</u></b> Setting up phone</p> <p><b><u>ACTIVITIES :</u></b> Exploring the city's main landmarks:</p> <ul style="list-style-type: none"><li>- Shibuya</li><li>- Shinjuku</li><li>- Asakusa</li><li>- Akihabara</li><li>- Ginza</li><li>- Odaiba</li></ul> <p>Shooting urban landscapes, night photography, and street videography. Visiting cultural sites like Meiji Shrine, Senso-ji Temple, and the Imperial Palace. Testing my gear in different environments (day/night, indoor/outdoor) Meeting local creatives and exchanging about photography and filmmaking.</p> <p><b><u>FEES :</u></b> <b>Accommodation:</b> ~25,000 ¥ <b>Food:</b> ~30,000 ¥ (mostly home-cooked) <b>Activities :</b> ~5,000 ¥ <b>Transport:</b> ~10,000 ¥ (Tokyo metro pass + occasional travel) <b>Plane flight from France to Tokyo :</b> paid by family <b>Plane flight from Tokyo to Sapporo :</b> paid by family</p> <p><b><u>TOTAL COST : 70,000 ¥</u></b></p>	

**October to  
February  
(5 months)**

## **SAPPORO**

ShareHouse  
(link)

### **ADMINISTRATIVE PROCEDURES :**

Go to the local office to get the residence card  
Open a bank account

### **ACTIVITIES :**

Shooting Hokkaidō's landscapes and famous parks.  
Sapporo Fushimi Inari Temple  
Hokkaido Modern Art Museum.  
Exploring nearby areas like Otaru, Lake Shikotsu, and Asahikawa.  
Capturing winter landscapes, snow festivals (Sapporo Snow Festival, Otaru Light Path Festival).  
Exploring ski resorts and mountain areas.  
Renting a van for a Hokkaidō winter road trip.

### **JOB :** PART-TIME ~20-28H/WEEK for 3 months

- French Teacher
- Hall staff in a French restaurant
- Hospitality jobs
- Retail jobs
- Photographer

<https://jobs.gaijinpot.com/>

<https://www.yolo-japan.com/en/>

<https://jobsinjapan.com/>

### **FEES :**

**Accommodation:** ~33000 ¥ to 50000 ¥/month  
(sharehouse)

**FOR 5 MONTHS :** ~200,000 ¥

**Food :** ~30,000 ¥/month (mostly home-cooked)

**FOR 5 MONTHS :** ~150,000 ¥

**Transport:** ~50,000 ¥

**Activities :** ~100,000 ¥ (Van rental included)

### **SALARY :**

Approx. 1000 ¥/hour

(<https://www.studyinjapan.go.jp/en/work-in-japan/part-time-jobs/>).

5 months = 5x4 weeks = 20 weeks

Working for about 12 weeks

12 x 25 hours = 300 hours

TOTAL SALARY = 300 x 1000 = 300,000 ¥

### **TOTAL COST :**

**500,000 ¥ - 300,000 ¥ = 200,000 ¥**

March to  
April  
(2 months)

## KYOTO (1 month)

ShareHouse  
Young Hostels  
(link)

## OSAKA (1 month)

ShareHouse  
Young Hostels  
(link)

## KOBE (1-2 Days trip)

## NARA (1-2 Days trip)

### ACTIVITIES :

Exploring Kansai region (Kyoto, Osaka, Nara, Kobe).

- Kyoto : Fushimi Inari Taisha, Kinkaku-ji, Arashiyama Bamboo Grove, Nijo Castle, Nishiki Market
- Osaka : Osaka Castle, Dotonbori, Umeda Sky Building, Aquarium Kaiyukan, Sumiyoshi Taisha Shrine
- Kobe : Kobe Harborland, Ikuta Shrine, Kobe Nunobiki Herb Garden
- Nara : Nara Park, Todai-ji Temple, Kasuga Taisha Shrine, Nara National Museum

Filming temples, shrines, and traditional architecture.

Visiting Mount Yoshino for cherry blossoms and rural documentary footage.

Discovering Kansai's photography and film scene through local meetups and cultural events.

### FEES :

**Accommodation:** ~50,000 ¥/month

**FOR 2 MONTHS :** ~100,000 ¥

**Food :** ~40,000 ¥/month (mostly home-cooked)

**FOR 2 MONTHS :** ~80,000 ¥

**Flight from Sapporo to Kyoto :** ~10,000 ¥

**Transport:** ~40,000 ¥

**Activities :** ~20,000 ¥

**TOTAL COST : 250,000 ¥**

<p><b>May to July (3 months)</b></p>	<p><b>FUKUOKA (2 months)</b> ShareHouse (link)</p> <p><b>KUMAMOTO (1 month)</b> ShareHouse (link)</p>	<p><b><u>ACTIVITIES :</u></b>  <u>Fukuoka :</u> <ul style="list-style-type: none"> <li>- Culture : Ohori Park, Dazaifu Tenmangu Shrine, Shofuku-ji Temple, Tocho-ji Temple, Hakata Machiya Folk Museum</li> <li>- Nature &amp; Scenic Spots : Maizuru Park, Ohori Park, Nokonoshima Island, Uminonakamichi Seaside Park, Hakata Bay</li> <li>- Festivals : Hakata Gion Yamakasa</li> </ul> <u>Kumamoto :</u> <ul style="list-style-type: none"> <li>- Culture : Kato Shrine, Hosokawa Mansion, Suizenji Jojuen Garden, Kumamoto Castle</li> <li>- Nature &amp; Scenic Spots : Mount Aso, Takamori Gorge</li> <li>- Festivals : Aso's Fire Festival, Kumamoto Castle Cherry Blossom Festival</li> </ul> Capturing footage of the buzzing life in Fukuoka and the beautiful coastline around Kumamoto and its region. </p> <p><b><u>JOB (IN FUKUOKA) :</u></b> PART-TIME ~20-28H/WEEK for 1 month and a half</p> <ul style="list-style-type: none"> <li>- French Teacher</li> <li>- Hall staff in a French restaurant</li> <li>- Hospitality jobs</li> <li>- Retail jobs</li> <li>- Photographer</li> </ul> <p> <a href="https://jobs.gaijinpot.com/">https://jobs.gaijinpot.com/</a>  <a href="https://www.yolo-japan.com/en/">https://www.yolo-japan.com/en/</a>  <a href="https://jobsinJapan.com/">https://jobsinJapan.com/</a> </p> <p><b><u>FEES :</u></b>  <b>Accommodation:</b> ~35,000 ¥/month  <b>FOR 3 MONTHS :</b> ~105,000 ¥  <b>Food :</b> ~30,000 ¥/month (mostly home-cooked)  <b>FOR 3 MONTHS :</b> ~90,000 ¥  <b>Train from Osaka to Fukuoka :</b> ~12,000 ¥  <b>Transport:</b> ~20,000 ¥  <b>Activities :</b> ~20,000 ¥ </p> <p><b><u>SALARY :</u></b>  Approx. 1000 ¥/hour  (<a href="https://www.studyinJapan.go.jp/en/work-in-japan/part-time-jobs/">https://www.studyinJapan.go.jp/en/work-in-japan/part-time-jobs/</a>).  1 and a half month = 1,5x4 weeks = 6 weeks  Working for about 6 weeks  6 x 25 hours = 150 hours  <b><u>TOTAL SALARY = 150 x 1000 = 150,000 ¥</u></b> </p> <p><b><u>TOTAL COST :</u></b>  <b>247,000 ¥ - 150,000 ¥ = 97,000 ¥</b> </p>
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<p><b>August to Mid September (1 and a half month)</b></p>	<p><b>HIROSHIMA</b> <b>(1 week)</b> Young Hostels (link)</p> <p><b>TOKYO</b> <b>(1 month)</b> ShareHouse (link)</p>	<p><b><u>ACTIVITIES :</u></b>  <b><u>Hiroshima :</u></b> <ul style="list-style-type: none"> <li>- Culture : Hiroshima Peace Memorial Park, Itsukushima Shrine (Miyajima Island), Shukkeien Garden, Mitaki-dera Temple</li> <li>- Nature &amp; Scenic Spots : Mount Ryozen, Hiroshima Bay Cruise</li> <li>- Documenting local food culture, especially Hiroshima's okonomiyaki.</li> </ul> <b><u>Tokyo :</u></b> <ul style="list-style-type: none"> <li>- Culture : Senso-ji Temple, Meiji Shrine, Tokyo Tower, Tokyo Skytree</li> <li>- Nature &amp; Scenics Spots : Ueno Park &amp; Zoo, Roppongi Hills, Shinjuku Gyoen National Garden</li> <li>- Districts : Odaiba, Akihabara, Tsukiji Outer Market, Ginza</li> <li>- Explore Tokyo's unique street food scene, focusing on sushi, ramen, and tempura.</li> <li>- Capture the bustling street scenes of Shibuya Crossing and Akihabara.</li> <li>- Shoot in nature spots like Ueno Park and Shinjuku Gyoen for peaceful contrast to Tokyo's urban life.</li> </ul> <b><u>FEES :</u></b>  <b>Accommodation:</b> ~60,000 ¥/month  <b>FOR 1 AND A HALF MONTH :</b> ~90,000 ¥  <b>Food :</b> ~40,000 ¥/month (mostly home-cooked)  <b>FOR 1 AND A HALF MONTH :</b> ~60,000 ¥  <b>Transport:</b> ~70,000 ¥ (Kumamoto-Hiroshima, Hiroshima-Tokyo, local transport)  <b>Activities :</b> ~30,000 ¥  <b>Return flight :</b> paid by family </p> <p><b><u>TOTAL COST : 250,000 ¥</u></b></p>
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# **BUDGET SUMMARY**

Cours du Yen : Au xx Juin 2025, **1€ = 162¥**

	€	¥
<b>Capital</b>	<b>8,000</b>	<b>1,302,805</b>

<b>EXPENSES</b>	€	¥
Accommodations	3,193	520,000
Food	2,517	410,000
Transport	1,166	190,000
Activities	1,105	180,000
Medical Insurance + Sim card Fee	400	65,000
<b>SUB-TOTAL</b>	<b>8380</b>	<b>1,365,000</b>
10% Security for unplanned expenses	838	136,500
<b>TOTAL EXPENSES</b>	<b>9218</b>	<b>1,501,500</b>

<b>SALARY</b>	€	¥
Sapporo	<b>1842</b>	<b>300,000</b>
Fukuoka	<b>921</b>	<b>150,000</b>
<b>TOTAL REVENUES</b>	<b>2763</b>	<b>450,000</b>

## **What will I have left at the end of the 1 year in Japan :**

( Capital + Revenues ) - Expenses

( 8,000 + 2,763 ) - 9218 = 1,545€ OR 251,604¥

**NOTA BENE :** By the time I'll be departing for Japan, I'll have earn 3 months of salary (1700€/month) from my job in France. Furthermore, I'm planning to sell my car as I'll not be using it for a year (approx. 2500€). Hence I'll have more money available on my account than I have now. My expenses will also be checked weekly to avoid any bad surprises.