

Projet de vos activités au Japon

(vous pouvez imprimer autant de pages que nécessaire)

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Nom de famille	Prénom	Sexe	Age
	Laura	Féminin	26
Période	Villes/régions dans lesquelles vous comptez séjourner. Type d'hébergement et loyer mensuel envisagé.	Détails de toutes les activités prévues durant le séjour (visites touristiques/culturelles, études, travail, etc) et du budget (activités, vie quotidienne, transports, repas, etc). Pour les études, précisez le nombre d'heures hebdomadaires et le coût, et pour le travail, le nombre d'heures hebdomadaires et le salaire envisagés ainsi que les pistes de recherche. Un budget récapitulatif pourra être ajouté en fin de programme.	
September - November 2025 (about 2 months)	<u>Tokyo - Kantō</u> <u>Accommodation</u> Tokyo : guesthouse (about 90.000 ¥/month) Kamakura 1 night (about 7.000 ¥/night) sakura-house.com www.airbnb.fr Rent total (2 months) : about 200 000 ¥ <u>OTHER (approx.) :</u> Transportation: 20.000 ¥ /month Food: 45.000 ¥ /month Activities: 20.000 ¥ total TOTAL 2 MONTHS : 340.000 ¥	- Doing official and administrative papers (bank account, phone number, address setting...) <u>Activities in TOKYO :</u> - Visiting well known and less known temples : Senso-ji, Meiji, Zojo-ji, Gotoku-ji, Nezuji, Tenno-ji - Visiting museums : - Nezu Museum – 1.500 ¥ - Ghibli Museum – 1.000 ¥ - Art Museum of Tokyo Fuji – 1.000 ¥ - National Museum of Tokyo – 1.000 ¥ - MOMAT – 500 ¥ - Ueno Park - Tsujiki Market - Kokyo Higashi Gyoen - Takeshita Street in Harajuku - Tokyo Sky Tree - 2.100 ¥ <u>YOKOHAMA trip :</u> Between 500 and 1.000 ¥ by train from Tokyo (round trip) <u>Activities in YOKOHAMA :</u> - Sankei-en Garden - 700 ¥ - Minato Mirai - Yokohama Chinatown - Yamashita Park - Landmark Tower point of view - 700 ¥ <u>KAMAKURA trip :</u> About 1.600 ¥ (round trip) <u>Activities in KAMAKURA :</u> - Kōtoku-in Temple - 300 ¥ - Yuigahama & Zaimokuza Beach - Komachi-dori - Engaku-ji - Seeing red foliage during Momiji season	

November - April (about 6 months)	<u>Kyoto - Kansai</u> <u>Accommodation</u> Kyoto : guesthouse or short-term rent (about 75.000 ¥/month) Osaka 3 nights (about 4.000 ¥/night) Ise 1 night (about 6.000 ¥/night) https://www.oakhouse.jp/eng/guesthouse-osaka.com Rent total (6 months) : about 470.000 ¥ <u>OTHER (approx.) :</u> Transportation: 20.000 ¥ /month Special transportation: 25.000 ¥ Food : 45.000 ¥ /month Activities : 20.000 ¥ total TOTAL 6 MONTHS : 850.000 ¥ Work income expected : 400.000 ¥	Settling down around Kyoto for 6 months. TOKYO → KYOTO : about 14.000 ¥ I plan on finding a baito. In a guesthouse, as a French-English teacher, in a restaurant (dish-washing, waitress, cooking, etc...), babysitting... About 1.000-1.200¥/hour (about 15h/week - 70.000 ¥/month) tokyo.craigslist.com <u>Activities in KYOTO :</u> - Gion District - Kinkaku-ji - 500 ¥, - Fushimi Inari Taisha - Arashiyama Bamboo Grove - Kiyomizu-dera - 400 ¥ - Nijo Castle and Ninomaru-goten Palace - 1.300 ¥, - Ginkakuji - 500 ¥ - Yasaka-no-to - Matcha cafe <u>UJI trip :</u> About 700 ¥ by train from Kyoto (round trip) <u>Activities in UJI :</u> - Ujigami-jinja Shrine - Ujibashi - Walking along Uji River - Tea ceremony in Taiho-An - 2.400 ¥ https://www.kyoto-uji-kankou.or.jp/taihoan-en.html <u>OSAKA trip (3 nights) :</u> About 850 ¥ by train from Kyoto (round trip) <u>Activities in OSAKA :</u> - Dotombori District - Osaka Castle and Nishinomaru Park - 800 ¥ - Shitenno-ji - Shinsekai District - Tsutenkaku Tour - 1.200 ¥ - Kema Sakuranomiya Garden - Sumiyoshi Taisha Shrine - Namba Yasaka Jinja Museums : - National Museum of Art - 500 ¥ - Osaka Museum of History - 600 ¥ Trying the local food : Okonomiyaki, Takoyaki, Horumonyaki, Ikayaki, ect...) <u>NARA trip :</u> About 1.300 ¥ by train from Kyoto (round trip) <u>Activities in NARA :</u> - Nara Park - Naramachi District - Kofuku-ji - Todai-ji and The Great Buddha Hall - 1.200 ¥
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May-June (2 months)	<u>Kyūshū</u> <u>Accommodation</u> Fukuoka : guesthouse (about ¥4.000/night - ¥120.000/month) Okinawa : guesthouse (about ¥3.000/night - ¥90.000/month) https://hotels.cloudbeds.com/ www.oakhouse.jp www.airbnb.fr Rent total (2 months) : about 210.000 ¥ <u>OTHER (approx.) :</u> Transportation: 20.000 ¥ /month Special transportation : ¥ 22.000 Food : 45.000 ¥ /month Activities : 10.000 ¥ total TOTAL 2 MONTHS : 350.000 ¥ Work income expected : 70.000 ¥	<u>KYOTO —> FUKUOKA</u> About 15 000 ¥ by Shinkansen <u>Activities in FUKUOKA (1 month):</u> - Tocho-ji and Buddha statue - 50 ¥ - Tenjin District - Kushida Shrine - Fukuoka Castle Ruins & Maizuru Park - Canal City Hakata - Momochi Beach - Fukuoka Tower - 800 ¥ - Ohori Park - Hakata District - Hakata Dontaku Port Festival (May) - Nakasu District I plan on finding a baito. In a guesthouse, as a French-English teacher, in a restaurant (dish-washing, cooking, waitress, etc...) babysitting... About 1.000-1.200¥/hour (about 15h/week - 70.000 ¥/month) <u>FUKUOKA —> OKINAWA</u> About ¥7.500 from Fukuoka between May and June (one way ticket) <u>Activities in OKINAWA (1 month) :</u> - Shuri Castle - 400 ¥ - Kokusai Dori - Naminoue Beach - Manzano Cape - Yanbaru forest Okinawa - Churaumi Aquarium - 2.180 ¥ - Ryukyu Mura Village - 1.300 ¥ - Visit Nakijin Castle - ¥400 - Okinawa Prefectural Museum & Art - 500 ¥ - Emerald Beach - Makishi Public Market - Visit Himeyuri Museum - 450 ¥ - Yaedake Sakuranomori Park - Naha Haarii Festival (early June)

July (2 weeks)	<u>Tōhoku</u> <u>Accommodation</u> Sendai : guesthouse (about 3.500 ¥/night) umebachi2009.com Rent total (2 weeks) : about 55.000 ¥ <u>OTHER (approx.) :</u> Transportation: 20.000 ¥ Food : 30.000 ¥ Activities : 5.000 ¥ total TOTAL 2 WEEKS : 110.000 ¥	Based in Sendai. OKINAWA —> SENDAI About ¥ 7.000 (One way ticket) <u>Activities in Sendai :</u> - Zuihoden - 570 ¥ - Aoba Castle's Park - 700 ¥ - Tanabata Matsuri - Trying Gyutan (sendai specialty) <u>Matsushima trip</u> 800 ¥ by train from Sendai (round trip) <u>Activities in Matsushima :</u> - Zuigan-ji - 700 ¥ - Matsushima Pine Path - Matsushima Observation Deck - Visiting Fukuurajima - Entsuin Temple - 300 ¥ <u>Risshaku-ji / Yamadera Temple : 300 ¥</u> About 1400 ¥ from Sendai (round trip) <u>Tashirojima - Cat Island :</u> About 1.700 ¥ from Sendai to Ishinomaki (round trip) Ishinomami —> Tashirojima ferry : 2.500 ¥ (round trip)
Mid-July - to the end	Tokyo - Kantō (2) Tokyo : guesthouse (about 90 000 ¥/month). Rent total : about 135.000 ¥ sakura-house.com <u>OTHER (approx.) :</u> Transportation: 30.000 ¥ /month Food : 60.000 ¥ /month Activities : 20.000 ¥ total TOTAL 1 MONTH : ¥245.000	SENDAI —> TOKYO About 12 500 ¥ (one way) Climbing Mount Fuji with an easy trail. About 10.000 ¥ in total. Enjoying places I couldn't see the year before. Visiting the places I loved the most before leaving.

STARTING BUDGET : ¥ 2 400 000 (15 000€) My bank statement is 10 000€ but I will earn more money until then.

ESTIMATED BUDGET NEEDED : ¥ 1 895 000 / (estimated total salary ¥ 470 000)

If we add Japanese insurance (about 2.000/month) and mobile phone number (about 4.000/month):

Total budget ¥ 2 000 000 (12 300€)