

Date _____

Projet de vos activités au Japon

Nom de famille	Prénom	Sexe	Age
Période	Villes dans lesquelles vous comptez séjourner. Type d'hébergement et loyer envisagé.	Activités que vous souhaitez exercer au Japon : description des visites touristiques/culturelles et le budget que vous souhaitez y consacrer, autres activités (cours de langues, etc) avec le nombre d'heures et le coût (le cas échéant), emploi éventuel (type d'emploi, nombre d'heures et salaire envisagés, pistes de recherche)	
From September to December (4 months)	<u>TOKYO (and surroundings)</u> Travel costs : Paris/Tokyo round trip flight : ¥ 160,000 Accommodation : Share/Guest house https://www.sakura-house.com/fr/ https://www.oakhouse.jp/eng/ https://tokyosharehouse.com/eng/ ≈ ¥ 80,000 / month Food ≈ ¥ 45,000 / month Transports ≈ ¥ 20,000 / month	Administrative procedures : Resident card registration, Medical insurance card, Bank account , Transport card, Japanese phone number and internet data Visits and activities : - Tokyo's districts : (Shibuya, Shinjuku, Asakusa, Setagaya, Roppongi, Shibamata, Ueno, Tsukij, Meguro) - Temples & shrines : Senso-ji, Meiji-Jingu, Ueno Toshogu, Otori-jinja, Tennoji temple, Tsukiji Hongan-ji, Zojo-ji - Museums : Sumida Hokusai Museum, Ōta Memorial Museum of Art, Tokyo National Museum, Nezu Museum - Parks : Shinjuku Gyoen, Yoyogi Koen, Hibiya Park, Arisugawa-no-miya, Koishikawa Kōraku-en - Hiking : Mount Oyama, Mount Takao, Mount Kobo, Mount Nokogiri, Mount Kintoki - Others : Attend to various organized festivals on this period (Yosakoi, O-Bon, Kitazawa Matsuri, Setagaya Hachimangū Fall Festival, Honmonji Matsuri, Meiji Jingu Autumn Grand Festival) - Visit nearby towns (Yokohama, Saitama, Chiba...)	

From January to February (2 months)	<u>KANSAI (main stay in OSAKA)</u> Travel costs : Train Tokyo/Osaka : ¥ 15,000 Accommodation : Share/Guest house https://www.oakhouse.jp/eng/ https://sharehouse.in/eng/location/house/106/ https://shares.house/a_search/p_osaka/L_en/ ≈ ¥ 50,000 / month Hotels for few days trips https://www.booking.com/ ≈ ¥ 20,000 / month Food ≈ ¥ 45,000 / month Transports ≈ ¥ 15,000 / month	Part-time job Restaurant, shop, hotel ≈ ¥1,200 / h – 15h/week maximum, for 2 months in total. ≈ ¥ 144,000 https://www.baitoru.com/ https://www.yolo-japan.com/en/ https://jobs.gaijinpot.com/ Leisure and Unexpected Expenses ≈ ¥ 30,000 / month Visits and activities : - Osaka : (Osaka Castle, Shitennoji Temple, Sumiyoshi Taisha, Hoshida Park, Minoo Park, Katsuo-ji, Osaka History Museum, National Art Museum, Fujita Art Museum, Kuromon Ichiba Market, Juso District, Namba district, Dotonbori, Tondabayashi) - Kyoto (Kiyomizu-dera, Honen-in, Heian-jingu, Nanzen-ji, Nijo Castle, Ginkaku-ji, Kinkaku-ji, Daitoku-ji, Nishiki Market, Kyoto Manga Museum, Toei Kyoto Studio Park, Mount Hiei) - Uji (Byodo-in, Kosho-ji, Tea Museum and Uji Town Community Center Chazuna, Tō-no-shima Island, Mimurotoji Temple) - Nara (Deer park, Kasugayama, Mount Wakakusa, Naramachi, Imaicho) - Himeji (Himeji Castle, Koko-en, Engyo-ji temple, Mount Shosha, Itatehyouzu Shrine) - Wakayama (Mount Koyasan, Kudoyama village, Wakayama Castle, Kimii-dera, Kishu Toshogu Shrine,) Leisure and Unexpected Expenses ≈ ¥ 30,000 / month
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2 days	<u>ONOMICHI</u> Train Osaka/Onomichi : ¥ 8,500 Hotel ≈ ¥ 15,000	Visits and activities : - Shimanami Kaido cycling (back and forth in 2 days) - Bike rental ≈ ¥ 6,000
From March to May (3 months)	<u>FUKUOKA</u> Travel costs : Train Onomichi/Fukuoka: ¥ 12,000 Accommodation : Share/Guest house ≈ ¥ 40,000 / month Hotels for few days trips https://www.booking.com/ ≈ ¥ 20,000 / month Food ≈ ¥ 45,000 / month Transports ≈ ¥ 15,000 / month	Visits and activities : - Fukuoka's districts : Hakata Old Town, Nakasu, Jotenji - Temples & shrines : Sanno-ji, Sennyō-ji, Kushida-jinja, Tochoji, Shikaumi Shrine, Shofukuji, - Museums : Hakata Machiya Hometown Museum, Fukuoka Asian Art Museum, Kyushu National Museum, - Parks : Yusentei Koen, Shofuen, Ohori Koen, Maizuru Park, Umi no Nakamichi Kaihin Koen, Rakusuien, Higashi Park - Hiking : Mount Hiko, Tachibanayama, Tateishisan, Mount Homan - Others : Aburayama Katae observatory, Yanagibashi Rengo Ichiba market, Fukuoka's Castle - Visit nearby towns (Toho, Ogori, Yame, Ukiha, Yanagawa, Kurume...) Leisure and Unexpected Expenses ≈ ¥ 30,000 / month

June (1 month)	<u>KYŪSHŪ (road trip)</u> Travel costs : Train tickets between cities ≈ ¥ 40,000 Accommodation : Hotels https://www.booking.com/ ≈ ¥ 240,000 Food ≈ ¥ 45,000 Transports ≈ ¥ 15,000	Kyuushuu road trip - Nagasaki (Mount Nabekammuri Observatory, Glover Garden, Nagasaki Shinchī Chinatown, Mount Inasa, Nagasaki National Peace Memorial Hall for the Atomic Bomb Victims, Sanno Shrine, Mount Konpira, Gunkanjima, Dejima-machi, Meganebashi) - Kumamoto (Kumamoto Castle, Suizenji Jojuen Garden, Kengun-jinja, Katō-jinja, Honmyō-ji, Mount Aso, Kurokawa Onsen, Shimoshima Island) - Kagoshima (Sakurajima, Sengan-en, Mount Shiroyama, Museum of the Meiji Restoration, Tenmonkan, Chiran Samurai Residence Garden, Ibusuki, Mount Kaimon, Yakushima Island) - Miyazaki (Miyazaki-jingū, Miyazaki Heiwadai Park, Kaeda Valley, Ebino Plateau, Aoshima Island, Udo-jingū, Obi Castle, Skeluccha Viewing deck, Takachiho Gorge) - Oita (Beppu, Beppu Park, Butsusharitou, Jigoku Meguri, Yufuin, Mount Yufu, Shikada Lake, Kinrin Lake, Takasakiyama Nature Zoo, Oita Prefectural Art Museum, Oita Funai Castle Ruins, Yusuhara Hachimangu Shrine) Leisure and Unexpected Expenses ≈ ¥ 30,000
July (1 month)	<u>TOKYO</u> Travel costs : Train Fukuoka/Tokyo: ¥ 24,000 Accommodation : Share/Guest house	Visits and activities : - Temples & shrines : Susanoo Shrine, Yasukuni-jinja, Kanda-myōjin, Nishiarai Daishi - Museums : Chihiro Art Museum Tokyo, Ghibli Museum, Seikado-Bunko Art Museum, Mori

https://www.sakura-house.com/fr/ https://www.oakhouse.jp/eng/ https://tokyosharehouse.com/eng/ ≈ ¥ 80,000 Food ≈ ¥ 45,000 Transports ≈ ¥ 20,000	Art Museum - Parks : Toneri Park, Kiyosumi Garden Shiba Park - Others : Attend to various organized festivals on this period (Kamodai Bon Odori, Shitamachi Tanabata Matsuri, Mitama Matsuri, Heso Matsuri, Kishimojindo Bon Odori, Kagurazaka Matsuri) Leisure and Unexpected Expenses ≈ ¥ 30,000
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Budget summary

I plan to have a total budget of 15 000 € (≈ ¥2 400 000,00) for 11 months in Japan. I already have this amount in my bank account. I also plan to work for 2 months in Tokyo (≈ ¥144,000). It is optional as my expenses will already be covered, but I still would like to have a complementary revenue.

Expense type	Tokyo	Kansai	Fukuoka	Kyūshū	Tokyo bis	Total (11 months)
Flight A/R	160 000,00 JPY	- JPY	- JPY	- JPY	- JPY	160 000,00 JPY
Accommodation daily	320 000,00 JPY	100 000,00 JPY	120 000,00 JPY	40 000,00 JPY	80 000,00 JPY	660 000,00 JPY
Hotels day trips	- JPY	40 000,00 JPY	60 000,00 JPY	240 000,00 JPY	- JPY	340 000,00 JPY
Food	180 000,00 JPY	90 000,00 JPY	135 000,00 JPY	45 000,00 JPY	45 000,00 JPY	495 000,00 JPY
Transports	80 000,00 JPY	30 000,00 JPY	45 000,00 JPY	15 000,00 JPY	20 000,00 JPY	190 000,00 JPY
Train	- JPY	15 000,00 JPY	12 000,00 JPY	40 000,00 JPY	24 000,00 JPY	91 000,00 JPY
Shimanami Kaido	- JPY	29 500,00 JPY	- JPY	- JPY	- JPY	29 500,00 JPY
Leisure and Unexpected Expenses	120 000,00 JPY	60 000,00 JPY	90 000,00 JPY	30 000,00 JPY	30 000,00 JPY	330 000,00 JPY
Total expenses	860 000,00 JPY	364 500,00 JPY	462 000,00 JPY	410 000,00 JPY	199 000,00 JPY	2 295 500,00 JPY
Total expenses (1€=160JPY)	5 375,00 €	2 278,13 €	2 887,50 €	2 562,50 €	1 243,75 €	14 346,88 €

GRAND TOTAL : ¥2 400 000,00 + ¥144,000 - ¥2 295 000,00 = ¥248 500,00