

Projet de vos activités au Japon

Nom de famille	Prénom	Sexe	Age
	Lauréna	Female	26

Période	Villes dans lesquelles vous comptez séjourner. Type d'hébergement et loyer envisagé.	Activités que vous souhaitez exercer au Japon : description des visites touristiques/culturelles et le budget que vous souhaitez y consacrer, autres activités (cours de langues, etc) avec le nombre d'heures et le coût (le cas échéant), emploi éventuel (type d'emploi, nombre d'heures et salaire envisagés, pistes de recherche)
From October to January (3 months)	Tokyo Flight from Paris CDG to Tokyo HND ~ ¥62,410 https://www.skyscanner.fr/transport/vols/pari/tyoa/251001/?adultsv2=1&cabinclass=economy&childrenv2=&inboundaltsenabled=false&outboundaltsenabled=false&preferdirects=false&ref=home&rtn=0 Accommodation Airbnb: For the first 2 weeks staying with my friend. ~ ¥44,000 Sharehouse: For 3 months. ~ ¥70,000/month ~ ¥210,000 for 3 months. https://www.sharehouse180.net/en https://tokyosharehouse.com/en/g/ https://www.oakhouse.jp/eng/ https://x-house.co.jp/en/ https://shares.house/L_en/	1€ = ¥169.19, according to the exchange rate on June 23, 2025 <u>Administratives procedures</u> Resident registration, social security, subscribing mobile plan, opening a bank account, getting a transport card. <u>Visits and activities</u> Visiting Tokyo: Kichijōji, Shimbashi, Roppongi, Ebisu, Akihabara, Nakano, Odaiba, Ginza, Shimokitazawa Visiting parks and gardens: Yebisu Garden Place Shinjuku Gyoen (<i>National Garden</i>) (~ ¥500) Mukōjima-Hyakkaen (<i>Garden</i>) (~ ¥150) Koishikawa Kōrakuen (<i>Garden</i>) (~ ¥300) Meiji Jingu Gaien (<i>Park</i>) Hama Rikyū (<i>Garden</i>) (~ ¥300) Miyashita Kōen (<i>Park</i>) Rikugi-en (<i>Garden</i>) (~ ¥300) Ueno Kōen (<i>Park</i>) Hibiya Kōen (<i>Park</i>) Temples and Shrines: Gōtoku-ji (<i>Temple</i>), Sensō-ji (<i>Temple</i>), Zōjō-ji (<i>Temple</i>) Mausoleum of Tokugawa Shoguns and Treasure Gallery (~ ¥1,000), Sengaku-ji (<i>Temple</i>), Shinjuku Ruriko-in Byakurenge-do (<i>Temple</i>), Fukagawa Fudō-dō (<i>Temple</i>), Nezu-jinja (<i>Shrine</i>), Tsukiji Hongan-ji (<i>Temple</i>), Imado-jinja (<i>Shrine</i>) Kaminarimon (<i>Thunder Gate</i>)

Tokyo Highlights and Attractions:

Tokyo Skytree (¥2,100/daytime or ¥2,700/morning or night)

Shibuya Sky (≈ ¥2,700 ~ ¥3,400)

TeamLab Planets (Ticket ≈ ¥3,800)

Tokyo DisneySea (Ticket ≈ ¥7,900 ~ ¥10,900)

Yomiuriland (≈ ¥5,700)

Museums:

The National Art Center (¥1,800)

The Sumida Hokusai Museum (≈ ¥400)

Tokyo National Museum (≈ ¥1,000)

Nezu Museum (≈ ¥1,500)

Mori Art Museum (≈ ¥2,000)

Tokyo Metropolitan Art Museum (≈ ¥1,500)

National Museum of Modern Art - Crafts Gallery (≈ ¥250)

Day Trips and excursions from Tokyo:

Chichibu (Transport ≈ ¥3,740)

Mount Takao (Transport ≈ ¥1,840)

Festivals and Events:

Ikebukuro Fukuro Festival

38th Tokyo International Film Festival (≈ ¥2,000)

Design Festa Vol. 62 (≈ ¥1,000)

Marunouchi Illumination

Winter Comiket

Chichibu Yomatsuri (*Night Festival*)

Hatsumōde

Shinnen Ippan Sanga (*New Year's Public Greeting*)

Part-time job

Baito: retail jobs, restaurant work, hospitality jobs, French teaching.

≈ ¥1,200/ hour. 20 hours/week.

≈ up to ¥100,000/month depending on the number of working days.

≈ ¥200,000 for 2 months

<https://jobs.gaijinpot.com/>

<https://jobsinjapan.com>

Total

Flight ticket: ≈ ¥62,410

Accommodation: ≈ ¥254,000

Food: ≈ ¥105,000 (¥35,000/month)

Daily transport: ≈ ¥45,000 (¥15,000/month)

Phone & Internet: ≈ ¥13,500 (¥4,500/month)

Activities: ≈ ¥46,080

Total expenses ≈ ¥525,990 - ¥200,000 ≈ ¥325,990

From January to March (3 months)	Kyoto Tokyo to Kyoto transport cost Shinkansen: ≈ ¥16,700 https://japantravel.navitime.com/fr/ Night Bus: ≈ ¥5,850 https://willer-travel.com/ https://www.checkmybus.fr/ Accommodation Airbnb: For one week. ≈ ¥49,000 Sharehouse/Borderhouse: For 3 months. ≈ ¥62,000 / month ≈ ¥186,000 for 3 months. https://www.borderless-house.com/jp/kansai/kyoto/ https://shares.house/a_search/p_kyoto/L_en/ https://www.oakhouse.jp/fra/area/kyoto https://8-nest.com/en/	<u>Visits and activities</u> Visiting Kyoto: Gion, Arashiyama, Higashiyama, Teramachi, Shinkyogoku, Okazaki Sosui, Tetsugaku no Michi (<i>Philosopher's Path</i>), Maruyama Kōen (<i>Park</i>) Temples and Shrines: Heian jingū (<i>Shrine</i>) Kinkaku-ji (<i>Temple</i>) (≈ ¥500) Higashi Hongan-ji (<i>Temple</i>) Eikan-dō (<i>Temple</i>) Ginkaku-ji (<i>The Silver Pavilion</i>) (≈ ¥500) Kiyomizu-dera (<i>Temple</i>) (≈ ¥500) Kitano Tenman-gū (<i>Shrine</i>), Treasure Hall (≈ ¥1,000) Fushimi Inari Taisha (<i>Shrine</i>) Sanjūsangen-dō (<i>Temple</i>) (≈ ¥600) Tenju-an (<i>Temple</i>) (≈ ¥500) Daikaku-ji (<i>Temple</i>) (≈ ¥500) Okazaki-jinja (<i>Shrine</i>) Kurama-dera (<i>Temple</i>) (≈ ¥500) Yūki-jinja (<i>Shrine</i>) Shōden-ji (<i>Temple</i>) (≈ ¥500) Kōdai-ji (<i>Temple</i>) (≈ ¥600) Kyōto-gosho (<i>Kyoto Imperial Palace</i>) Kyoto Highlights and Attractions: Kyoto Tower (¥900) Nishiki Ichiba (<i>Market</i>) Arashiyama Bamboo Grove Kyoto Furitsu Shokubutsu-en (<i>Kyoto Botanical Gardens</i>) (¥200 + ¥200) Kamogawa River Promenade Shōsei-en (<i>Garden</i>) (¥700) Kyoto Handicraft Center Day Trips and excursions from Kyoto: Ohara: (Transport ≈ ¥1,140) Sanzen-in (<i>Temple</i>) (≈ ¥700) Shuheki-en (<i>Garden</i>) (≈ ¥700 + ¥600) Kobe: (Transport ≈ ¥2,220) Kobe Harborland, Ikuta-jinja (<i>Shrine</i>), Nankinmachi, Kobe Nunobiki Herb Gardens (≈ ¥2,000) Nada-ku Ayabe: (Transport ≈ ¥5,740) Ankoku-ji (<i>Temple</i>), Toko-in (<i>Temple</i>), Kisaichi
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		Maruyama Kofun Nara: Day 1: (Transport ≈ ¥2,560) Kasuga Taisha (Shrine) (¥700), Tōdai-ji (Temple) (Daibutsuden ¥800), Tōshōdai-ji (Temple) (¥1,000) Nigatsu-dō (Temple), Naramachi Day 2: (Transport ≈ ¥2,140) Kōriyama-jo (Castle), Yakushi-ji (Temple) (≈ ¥1,000) Fujiwara-kyō (Fujiwara Palace Ruins) Takada Senbonzakura (Thousand Cherry Trees of Takada) Uji: (Transport ≈ ¥480) Kōshō-ji (Temple) (¥500), Byōdō-in (Temple) (¥700), Ujigami-jinja (Shrine), Mimuroto-ji (Temple) (¥1,000) Festivals and Events: Toka Ebisu (Festival), Setsubun Festival, Baikasa Plum Blossom Festival, Higashiyama Hanatouro (Festival) <u>Part-time job</u> Baito: Retail jobs, restaurant work, hospitality jobs, French teaching. ≈ ¥1,100/ hour. 20 hours/week. ≈ ¥88,000/month depending on the number of working days. ≈ ¥176,000 for 2 months https://jobs.gaijinpot.com/ https://jobsinjapan.com Total cost Tokyo – Kyoto trip ≈ ¥ 16,700 Accommodation: ≈ ¥235,000 Food: ≈ ¥90,000 (¥30,000/month) Daily transport: ≈ ¥30,000 (¥10,000/month) Phone & Internet: ≈ ¥13,500 (¥4,500/month) Activities: ≈ ¥31,680 Total expenses ≈ ¥416,880 - ¥176,000 ≈ ¥240,880
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From April to June (3 months)	Osaka Kyoto to Osaka transport cost Train: ≈ ¥570 https://www.rome2rio.com/fr/map/Kyoto/Osaka Accommodation Airbnb: For one week. ≈ ¥ 48,600 Sharehouse/Borderhouse: For 3 months ≈ ¥60,000 / month ≈ ¥180,000 for 3 months. https://www.sharehouse180.net/en/houses/area/kansai/osaka/?mode=map&type=area&parent=%E5%A4%A7%E9%98%AA%E5%BA%9C&taxonomy=house_address https://www.borderless-house.com/jp/kansai/osaka/ https://shares.house/a_search/p/osaka/L_en/ https://x-house.co.jp/en Kumano Kodō Trip: https://www.rome2rio.com/fr/map/Osaka/Kumano-Kodo-Station#r/Train	<u>Visits and activities</u> Visiting Osaka: Dōtonbori, Nipponbashi (<i>Den Den Town</i>), Hōzenji Yokochō, Otaroad, Shinsekai, Shinsaibashi-suji Street, Umeda, Tennoji Kōen (<i>Park</i>), Amerikamura, Tsuruhashi, Tempōzan, Nagai Kōen (<i>Park</i>), Minoo Kōen (<i>Park</i>), Namba Parks Temples and Shrines: Namba Yasaka-jinja (<i>Shrine</i>) Shitennō-ji (<i>Temple</i>) The Treasure Hall (≈ ¥500) and its garden (≈ ¥300) Isshin-ji (<i>Temple</i>) Osaka Tenmangū (<i>Shrine</i>) Sumiyoshi Taisha (<i>Shrine</i>) Ikutama-jinja (<i>Shrine</i>) Taiyū-ji (<i>Temple</i>) (≈ ¥550) Katsuō-ji (<i>Temple</i>) (≈ ¥500) Osaka Highlights and Attractions: Abeno Harukas (≈ ¥2,000) Tsūtenkaku (<i>Tower</i>) (≈ ¥1,000) Tembo Paradise (≈ ¥300) Umeda Sky building (≈ ¥2,000) Ōsaka-jō (<i>Castle</i>) (≈ ¥1,200) Tempozan Giant Ferris Wheel (≈ ¥900) Universal Studios (2-days pass ≈ ¥16,900 ~ ¥18,800) Kaiyukan Aquarium (≈ ¥2,700 ~ ¥3,500) TeamLab Botanical Garden (≈ ¥2,000) Day Trips and excursions from Osaka: Himeji- jō (<i>Castle</i>) (Castle + Koko-en Garden ≈ ¥1,050) (Transport ≈ ¥3,340) Wakayama (Transport ≈ ¥3,060) Kumano Kodō (Train ≈ ¥9,910 + Bus ≈ ¥660) Festivals and Events: Hanami (<i>Cherry Blossom Festival</i>), Osaka Rose Festival, Hydrangea Festival, Otaue Rice Planting Festival Total cost Kyoto – Osaka trip ≈ ¥570 Accommodation: ≈ ¥228,600 Food: ≈ ¥84,000 (¥28,000/month) Daily transport: ≈ ¥30,000 (¥10,000/month) Phone & Internet: ≈ ¥13,500 (¥4,500/month) Activities: ≈ ¥51,570 Total expenses ≈ ¥408,240
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July (1 month)	Nagoya Osaka to Nagoya transport cost Bus: ≈ ¥2,030 https://12go.asia/fr/bus/osaka/nagoya https://willer-travel.com/en/ Accommodation Sharehouse/Borderhouse: For 1 month ≈ ¥50,000 / month https://www.sharehouse180.net/en/ https://s-h-nagoya.com/index_en.php/ https://sharehouse.in/eng Shizuoka One overnight stay Ryokan: http://www.migiwaya.jp/plan/ (≈ ¥29,000/night) Nakatsugawa Three overnights stay Ryokan: https://the-ryokan-o.com/ (≈ ¥9,900/night) (≈ ¥29,700 for 3 nights)	<u>Visits and activities</u> Visiting Nagoya: Sakae, Osu, Shike-Michi, Oasis 21, Tempaku-ku, Hisaya Odori Kōen (<i>Park</i>), Shirotori Toien (<i>Garden</i>) (≈ ¥300) Tokugawaen (<i>Garden</i>) (≈ ¥300) Tsuruma Kōen (<i>Park</i>), Noritake no Mori (<i>Garden</i>) Temples and Shrines: Atsuta-jingū (<i>Shrine</i>), Ōsu Kannon (<i>Temple</i>) Kōshō-ji (<i>Temple</i>) (Fumon-en Garden ≈ ¥500) Nittai-ji (<i>Temple</i>), Banshō-ji (<i>Temple</i>) Tōgan-ji (<i>Temple</i>) Nagoya Highlights and Attractions: Nagoya-jō (<i>Castle</i>) (≈ ¥500) Nagoya TV Tower (Observation deck ≈ ¥1,300) Nagashima Spa Land (≈ ¥1,800) Nagoya Noh Theater (≈ ¥2,000 ~ ¥5,000) Ghibli Park (≈ ¥7,300) Midland Square (≈ ¥1,000) Museums: Nagoya City Science Museum (≈ ¥800) Toyota Commemorative Museum of Industry and Technology (≈ ¥1,000) The Tokugawa Art Museum (≈ ¥1,600) Day Trips and excursions from Nagoya: Shizuoka: (Transport ≈ ¥13,240) Day 1: Kunōzan Tōshōgū (<i>Shrine</i>) (≈ ¥800) Miho No Matsubara (<i>Seaside</i>) Sumpu-jō Kōen (<i>Castle Park</i>) (≈ ¥360) Day 2: Kōyama-jō (<i>Castle</i>) Rengeji-ike Kōen (<i>Park</i>) Gifu: (Transport from Nagoya ≈ ¥6,960) Day 1: Tsumago-juku (<i>Historic Post Town</i>) Day 2: Ryujin Falls Day 3: Tsukechicho Total cost Osaka – Nagoya trip ≈ ¥2,030 Accommodation: ≈ ¥108,700 Food: ≈ ¥25,000 Daily transport: ≈ ¥15,000 Phone & Internet: ≈ ¥4,500 Activities: ≈ ¥42,760 Total expenses ≈ ¥197,990
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August (1 month)	Tokyo Nagoya to Tokyo transport cost Bus: ≈ ¥4,350 https://willer-travel.com/en/ Train: ≈ ¥11,670 https://www.japan-experience.com/ Accommodation Sharehouse: For a month. ≈ ¥70,000/month Links : https://www.sharehouse180.net/en https://tokyosharehouse.com/en/g/ https://www.oakhouse.jp/eng/ https://x-house.co.jp/en/ https://shares.house/L_en/	<u>Visits and activities</u> Visiting Tokyo: Asakusa, Harajuku, Akihabara, Daikanyama, Ikebuburo, Kiyosumi Teien (<i>Garden</i>) (≈ ¥150) Temples and Shrines: Atago-jinja (<i>Shrine</i>) Meiji-jingū (<i>Shrine</i>) Yasukuni-jinja (<i>Shrine</i>) (Museum ≈ ¥1,000) Hase-dera (<i>Temple</i>) (≈ ¥400) Tokyo Highlights and Attractions: Nippon TV Odokei (<i>Giant Clock</i>) Festivals and Events: Edogawa Fireworks Festival Summer Sonic Festival (≈ ¥20,000 for a day) Koenji Awa Odori Festival Fukagawa Hachiman Matsuri (<i>Festival</i>) Kanda Myojin Noryo Matsuri (<i>Festival</i>) Day Trips and excursions from Tokyo: Kōtoku-in (<i>Temple</i>) (≈ ¥300) (Transport ≈ ¥1,890) Yokohama Day 1: (Transport ≈ ¥920) Cosmo World Yokohama (≈ ¥3,500) Day 2: (Transport ≈ ¥2,380) Yokohama Landmark Tower (≈ ¥1,000) Gumyō-ji (<i>Temple</i>) Taya Caves (≈ ¥400) Day 3: (Transport ≈ ¥1,680) Yokohama Hakkeijima Sea Paradise (Four aquariums + all rides ≈ ¥5,700) Total cost Nagoya – Tokyo trip ≈ ¥11,670 Accommodation: ≈ ¥70,000 Food: ≈ ¥35,000 Daily transport: ≈ ¥15,000 Phone & Internet: ≈ ¥4,500 Activities: ≈ ¥39,320 Total expenses ≈ ¥175,490
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September (1 month)	Sapporo Tokyo to Sapporo transport cost Airplane round-trip ticket: ≈ ¥31,040 https://japantravel.navitime.com/ Train: ≈ ¥38,000 https://keikaku.fr/billets-train-japon Accommodation Sharehouse: For 1 month ≈ ¥42,000/month https://www.sharehouse180.net/en/houses/chefie/ https://sharehouse.in/eng/area/search/16/ Stay in Tokyo before return flight 3 nights with Airbnb ≈ ¥26,225 Flight from Tokyo HND to Paris CDG ≈ ¥74,613 https://www.skyscanner.fr/transport/vols/tyoa/pari/251001/?adultsv2=1&cabinclass=economy&childrenv2=&inboundaltsenable=false&outboundaltsenabled=false&preferdirects=false&ref=home&rtm=0	<u>Visits and activities</u> Visiting Sapporo: Hokkaidō Kaitaku no Mura (<i>Historical Village of Hokkaido</i>), Ōdōri Kōen (<i>Park</i>), Moerenuma Kōen (<i>Park</i>), Susukino District, Maruyama, Nakajima Kōen (<i>Park</i>), Nishioka Kōen (<i>Park</i>), Hokkaidō Daigaku Shokubutsuen (<i>Hokkaido University Botanical Gardens</i>), Maeda Forest Park, Nopporo Shinrin Kōen Temples and Shrines: Hokkaidō Jingū (<i>Shrine</i>), Jōzankei-jinja (<i>Shrine</i>), Kotoni-jinja (<i>Shrine</i>), Fushimi Inari (<i>Shrine</i>), Sōma-jinja (<i>Shrine</i>) Sapporo Highlights and Attractions: Sapporo TV Tower (≈ ¥1,000) Former Hokkaidō Government Office Sapporo Clock Tower (¥350) Shiroi Koibito Park (¥800) Hiking: Mount Moiwa (Transport ≈ ¥900) Mount Sankaku (Transport ≈ ¥1,000) Festivals and Events: Sapporo Autumn Fest, Doshin Autumn Fireworks Total cost Flight ticket: ≈ ¥74,613 Tokyo - Sapporo round-trip ≈ ¥31,040 Accommodation: ≈ ¥68,525 Food: ≈ ¥27,000 Daily transport: ≈ ¥9,000 Phone & Internet: ≈ ¥4,500 Activities: ≈ ¥4,050 Total expenses ≈ ¥218,728 Starting budget: ¥1 776 495 (10,500€) Projected income: ¥376,000 ¥1 776 495 + ¥376,000 = ¥2 152 495 Total funds: ¥2 152 495 Projected expenses: ¥1 943 318 ¥2 152 495 - ¥1 943 318 = ¥209,177 Remaining funds: ¥209,177 (1,236€)
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