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Projet de vos activités au Japon

Nom de famille	Prénom	Sexe	Age
Période	Villes dans lesquelles vous comptez séjourner. Type d'hébergement et loyer envisagé.	Activités que vous souhaitez exercer au Japon : description des visites touristiques/culturelles et le budget que vous souhaitez y consacrer, autres activités (cours de langues, etc) avec le nombre d'heures et le coût (le cas échéant), emploi éventuel (type d'emploi, nombre d'heures et salaire envisagés, pistes de recherche)	
		Useful resources Before building this itinerary, I took time to compare different accommodation and job search platforms in order to plan a realistic and affordable year in Japan. • Accommodation: Oakhouse, Sakura house, Booking.com, AirBnb.. • Part-time jobs: GaijinPot Jobs, Hello Work, YOLO Japan, Baitoru (google translate) • Activities: Thiswaytojapan, TDR Explorer, Japan Guide, Activity Japan, local prefecture websites • Transport: West Japan Railway Company, Japan Travel, Rome2Rio, Hyperdia, SkyScanner Legend:  = OUTCOME  = INCOME Work organisation: I'll work 3–4 hours each day for a total of 5 months (during Kansai and Kanto itinerary), leaving plenty of time to enjoy visiting Possible Jobs: Café, restaurant, guesthouse, language exchange, tourism-related work. (By working max 20 hours per week at an average wage of ¥1,000-1,500/h)	

27/09/2025 To 30/09/2025	3 Days Itinerary for Tokyo Stay at APA Hotel Ningyocho Ekihigashi for 3 night	Day 1: Traditional Tokyo & Historic Landmarks • Suitengu Shrine (5 min walk, Free) • Yoyogi Park (Free) • Senso-ji Temple & Nakamise Street (Free) • Asakusa Culture and Tourist Center (Free) Day 2: Modern Tokyo & Cultural Experiences • Tsukiji Outer Market (Breakfast & Stroll) • Hamarikyu Gardens (¥300) • Ginza Shopping District (Free to explore) • Shinjuku Gyoen Park (¥500 entry) Day 3: Morning Exploration Before Departure • Nezu Shrine & Yanaka Neighborhood (Old Tokyo atmosphere) (Free) • Ueno Park & Ueno Toshogu Shrine (¥500 for shrine) Estimated Budget Accommodation: ¥34,000 (APA Hotel) Food: ¥20,000 (Mix of restaurants & groceries) Transport: ¥6,000 (Metro, bus) Activities: ¥3,000 (entrance fees) Total: ¥63,000
30/09/2025 To 25/01/2026	4 Months Kansai Itinerary Part-Time Work (Max 20h/Week)	Tokyo to Osaka ~¥15,000 Weeks 1–2: Osaka On-Boarding & City Core • Residence registration, MyNumber, bank account. • Full day at Expo 2025 Osaka (~¥7,500) • Osaka Castle & Park (¥600). • Umeda Sky Building sunset deck (¥1 500). • Kuromon Market street-food challenge (budget ¥1 500). • Sumiyoshi Taisha + vintage Hankai tram ride (¥420).

		Weeks 3–4: Kyoto Autumn Early • Arashiyama Bamboo & Ōi River (free). • Eikandō Night Illumination (¥1 000, from 3 Nov). • Fushimi-Inari Sunrise Hike (free). • Uji Tea-picking Workshop (¥2 000 incl. tasting). • Kansai Area 1-day Pass (¥900) Weeks 5–6: Nara & Kobe Flavours • Nara Park + Tōdai-ji Great Buddha (¥600). • Kasuga Taisha Lantern Path (free). • Kobe Harborland & Chinatown street-food crawl (¥2 000). • Nada Sake Brewery Tour + tastings (¥500). • Mt Rokkō Cable-car (¥1 100 one-way). • Transport: regular ICOCA top-ups (~¥5 000 these 2 weeks). Weeks 7–8: Himeji & Setouchi Mini-Adventure • Himeji Castle + Kōko-en garden combo (¥1 500) • Mt Shosha Ropeway & Engyō-ji temple trail (¥1 200) • Naoshima Art Island weekend (¥4100 cycle rental, Chichu Art Museum) • Kansai WIDE 5-day Pass for this slot (¥12 000) Weeks 9–10: Kōyasan & Wakayama Coast • Kōyasan World Heritage Pass 2-day (¥3 140). • Temple-stay shukubō with vegan dinner/breakfast (≈¥10 000). • Shirahama Sandanbeki cliffs & Onsen day trip • Beach yoga / free-swim (still ~22 °C mid-Oct). Weeks 11–12: Peak Momiji & Osaka Lights • Takao Three-Temple Hike, Kyoto (bus pass ¥1 000 + Jingo-ji entry ¥500). • Midosuji & Nakanoshima Illuminations (free). • Universal Studios Japan weekday 1-Day Pass
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25/01/2026 To 27/03/2026	2 Month Itinerary for Kyūshū & Shikoku	(¥8 900–10 900) - Minoh Waterfall + Craft-Beer Brewery (tasting set ¥1 500). Weeks 13–14: New-Year Traditions & First Snow - Tōka Ebisu Festival at Imamiya (donation ¥100, 9–11 Jan). - Mochitsuki street demo in Nishinari (free). - Biwako Valley Ski Day (Ropeway + Lift 1-Day (¥5 000), Gear rental (¥4 500) SnowJapan). - Otsu Lakeside Fireworks (free; mid-Jan provisional). Weeks 15–16: Hot-Spring Wind-Down & Farewell - Last-minute Shinsaibashi sales (budget variable). - Farewell craft-beer izakaya in Kyōmachibori (¥2 500). Estimated Budget (per month) Accommodation: ¥65,000 (sharehouse, guesthouse) Food: ¥30,000 (Mix of restaurants & groceries) Transport: ¥23,000 (Metro, bus, occasional rail pass) Activities: ¥17,000 Total: ¥135,000 Work Income (Max 20h/week, ¥1,200/h avg): ~¥96,000/month Osaka to Fukuoka ~¥15 500 Weeks 1–2: Fukuoka Countryside & Kumamoto Region - Yame Tea-making workshop (¥1 000) - Yanagawa “donkobune” canal cruise (¥1 500 – 1 600) - Dazaifu Tenmangū Shrine (¥400) - Kumamoto Castle admission (¥800) Weeks 3–4: Aso Caldera & Takachiho Gorge
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27/03/2026 To 18/06/2026	3 Month Itinerary for Okinawa & Surrounding Islands	• Aso-Station → Asosanjo shuttle bus ¥460–650 (35 min) + crater micro-bus RT (¥700) • Takachiho Gorge rowboat (¥5 100 weekends) • Amano Iwato Shrine (free) • Local sweets (gohei-mochi, kakigōri) sample set (~¥1 000) Weeks 5–6: Yakushima Island & Coastal Kagoshima • Hydrofoil “Topsy” (¥23 300) • Arakawa Mountain (environment donation ¥1 000) • Jōmon-Sugi hike (guided option ¥12 000). • Anbō River kayak tour ½-day (¥6 000) • Ōko-no-taki waterfall (free) Weeks 7–8: Iya Valley, Naruto Whirlpools & Pilgrimage Wrap-up • Kazurabashi vine bridge (¥550) • Shimanto River canoeing ½-day (¥6 500) • Wonder Naruto whirlpool cruise 30 min (¥1 800) • Sanuki Udon-making workshop (¥1 760) • Shikoku 88-Temple stamps (Temples 34-38) (¥2 500) • Shojin-ryōri temple meal (¥1 200) Estimated Budget (per month) Accommodation: ¥115,000 (sharehouse, Airbnb, hotel) Food: ¥45,000 (Mix of restaurants & groceries) Transport: ¥40,000 (Metro, bus, ferry) Activities: ¥20,000 Total: ¥200,000 Kagoshima to Naha Weeks 1–2: Settle in Naha & the Southern Sites • Tamaudun Royal Mausoleum (¥300) • Shurijo Castle reconstruction zone – free walkway & viewpoint (the paid Seiden remains closed until autumn 2026) • Okinawa Prefectural Museum & Art (combo
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		ticket ¥530) • Makishi Market + Kokusai-dōri street-food crawl (budget ¥1 500). • Sefa Utaki sacred Ryukyu site (¥300) • Peace Memorial Park & Museum (¥300) Weeks 3 – 4 Central Coast, Onna & Yanbaru National Park • Blue Cave snorkel from Onna (¥5 500) • Cape Manzamo sunset (free) • Okinawa Churaumi Aquarium – go after 5pm (evening e-ticket ¥1 730) • Bise Fukugi Avenue coral-stone village walk (free) • Hiji Waterfall trail (¥500) • Daisekirinzan limestone forest (¥1 200) Weeks 5–6: Kerama Islands (Zamami & Aka) <i>Golden-Week alert</i> • Ferry Naha ⇌ Zamami RT (slow boat ¥4 060) • Furuzamami & Ama Beaches (snorkel gear ¥1 500/day) • Guided scuba dive (low-season package ¥9 000) – price rises to ¥12 000 during 29 Apr – 5 May • Aka Island observatory hike (free) + Kerama deer spotting at dusk Weeks 7–8: Yaeyama – Ishigaki & Taketomi • Naha ⇌ Ishigaki low-cost return flight Peach/Skymark ≈ ¥14 000 if booked ≥45 d ahead (spring shoulder fare) • Kabira Bay glass-bottom boat (¥1 200) • Hirakubo Lighthouse – northern tip by bus pass (2-day Yaeyama bus ¥2 500). • Taketomi water-buffalo cart ride (¥1 500). • Local market dinner: Ishigaki beef yakiniku (¥4 000) Weeks 9 – 10 Miyako & Irabu Islands (<i>early rainy season</i>) • Naha ⇌ Miyako low-cost return flight (from ¥13 000) • Irabu & Shimoji Bridges self-cycle tour (bike rent ¥1 500/day).
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18/06/2026
To
16/07/2026

1 Month Itinerary for Kanto

Part Time work
(max 20h per week)

- Yonaha-Maehama Beach SUP lesson (¥4 500).
- Sunayama Beach sunset (free).
- Local awamori distillery tour (¥1 000)

Weeks 11–12: Kume Island & Wrap-Up in Naha

- High-speed ferry Naha ⇄ Kume RT (¥7 600).
- Hatenohama Sandbar snorkel tour (¥6 500 incl. boat & gear)
- Uezu House & Tsumugi silk workshop (¥300)
- Back in Naha: final shopping, Orion Craft Beer Pub Night (tasting set ¥1 200)

Estimated Budget (per month)

Accommodation: ¥90,000 (sharehouse, Airbnb, hotel)

Food: ¥35,000 (Mix of restaurants & groceries)

Transport: ¥45,000 (Bus, ferries, rental scooter, domestic flight)

Activities: ¥30,000

Total: ¥200,000

Naha to Tokyo ~¥13,000

Possible Jobs: Café, guesthouse, farm stay, English conversation classes, tourism-related work (Platforms: Hello Work, GaijinPot Jobs, YOLO Japan, Baitoru, TownWork)

Weeks 1–2: Tokyo City Core

- JR Narita Express or Keikyū+Monorail to the city (¥3 070 / ¥1 500)
- teamLab Borderless in Azabudai Hills (week-day e-ticket ¥3 800)
- Yanaka & Asakusa heritage walk (free; Senso-ji late-night illuminations)
- Shibuya Sky observatory sunset (¥2 200)
- Ghibli Museum, Mitaka (pre-book ¥1 000)

Weeks 3–4: Greater Tokyo & Rainy-Day Excursions

- JR Tokyo Wide Pass 3 days (¥10 180) for Nikko, Fuji & Karuizawa
- Nikko World-Heritage shrines & Kegon Falls (¥1 300 bus pass)

16/07/2026 To 26/08/2026	1.5 Months Itinerary for Tohoku	• Hydrangeas at Meigetsu-in & Hasedera, Kamakura (temple combo ¥700) • Hakone Freepass side-trip (2-day ¥6 100) • Akihabara retro-gaming cafés (¥800) Estimated Budget Accommodation: ¥70,000 (sharehouse, Airbnb, hotel) Food: ¥45,000 (Mix of restaurants & groceries) Transport: ¥20,000 (Bus, ferries, rental scooter, domestic flight) Activities: ¥15,000 Total: ¥165,000 Work Income (Max 20h/week, ¥1,200/h avg): ~¥96,000/month Weeks 1–2: Southern Tōhoku – Fukushima & Sendai • Lake Inawashiro & Mt Bandai hike (local bus ¥1 200) • Aizu-Wakamatsu samurai town, Tsuruga-jō castle (¥410) • Sendai city base; Zuihō-den mausoleum (¥570) • Matsushima Bay ferry loop (¥1 500) Weeks 3–4: Tohoku Festivals Loop • JR East Tōhoku Pass 5 flex-days /14 (¥30 000) covers all Shinkansen legs • Aomori Nebuta floats parade · 2-7 Aug (stand seat ¥4 500). • Akita Kantō lantern poles · 3-6 Aug (stadium seat ¥3 500) • Sendai Tanabata · 6-8 Aug (+5 Aug fireworks) • Hachimantai highlands day-hike (bus ¥1 400) between festival nights. Weeks 5–6: Sanriku Coast & Hachimantai Highlands • Jodogahama Beach & cruise, Miyako (boat ¥1 600). • “Miracle Pine” & 2011 tsunami memorial, Rikuzentakata (free)
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		• Kuji “amber & Ama divers” museum (¥800) • Hachimantai “Dragon Eye” loop trail (free; summer buses ¥2 000) • Wrap-up in Morioka for wanko-soba challenge (all-you-can-slurp ¥3 300). Estimated Budget Accommodation: ¥80,000 (sharehouse, Airbnb, hotel) Food: ¥35,000 (Mix of restaurants & groceries) Transport: ¥40,000 (Bus, train) Activities: ¥20,000 Total: ¥175,000
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11-Month Working-Holiday Cash Plan:

Exchange rate 18 Aug 2025: 1 € = ¥172.57

Item	¥	€
Opening savings	2 070 840	12 000
Part-time income	+ 480 000	+ 2 793
Total resources	2 550 840	14 781
Planned spending	– 1 943 000	– 11 312
Projected balance	607 840	3 522

What the numbers mean:

- Cushion: about ¥594 000 (~€3 450) left after all trips and living costs — roughly 3.4 months of average expenses.
- Average monthly outflow: ¥1 943 000 ÷ 11 ≈ ¥176 600 (€1 028).
- Average monthly inflow during job months: ¥96 000 (€559).

Risk checkpoints:

Risk	Buffer coverage
Flight or ferry surcharges (Golden Week, Nebuta)	Cushion absorbs ±¥50 000 easily
Yen/€ exchange-rate swings	5 % move shifts reserve value by ~€170