

Date _____

Projet de vos activités au Japon

Nom de famille	Prénom	Sexe	Age
_____	_____	_____	_____
Période	Villes dans lesquelles vous comptez séjourner. Type d'hébergement et loyer envisagé.	Activités que vous souhaitez exercer au Japon : description des visites touristiques/culturelles et le budget que vous souhaitez y consacrer, autres activités (cours de langues, etc) avec le nombre d'heures et le coût (le cas échéant), emploi éventuel (type d'emploi, nombre d'heures et salaire envisagés, pistes de recherche)	
From November to start of February (3 months).	Tokyo and surroundings (3 months) Lyon/Tokyo flight: 122 000¥ Accommodation: Share/Guest house https://www.sakurahouse.com/fr/ https://www.oakhouse.jp/eng/ https://tokyosharehouse.com/eng/ https://airbnb.com/ https://www.booking.com/ ≈ ¥ 80 000 / month Food ≈ ¥ 50 000 / month Transports ≈ ¥ 20 000 / month Activities ≈ ¥ 10 000 / month Unexpected Expenses (20% of the budget) ≈ ¥ 96 000 / month	Administrative procedures: Medical insurance card, Bank account, Transport card, Japanese phone number and internet data Visits and activities: • Exploring the main neighborhood: (Shibuya, Shinjuku, Akihabara, Roppongi, Ginza, Jinbocho) • Visiting the main cultural places: Shrines: Kameido tenjin, Nikko, Senso-ji (Asakusa), Nezu-jinja and others • Park: Ueno Park, Sumida Park, Yoyogi park, Rikugi-en • Buildings: Tokyo tower, Tokyo skytree • Others: Toyosu market, Karaoke bars and if possible, events like Sumotori, hachioji ginkgo festival, tori no ichi... • Visit nearby town: Saitama, Chiba, Yokohama. Work (2 months): (Restaurant, shop, hotel, Language teacher French and English). Part-time job for two months 15 Hours per week, estimated salary: 1100¥/hours Total earnings: 141 900¥ References: https://www.baitoru.com/ https://www.yolo-japan.com/en/ https://jobs.gaijinpote.com/ https://jobsinJapan.com/	

From February to April (2 months).	Osaka and Kansai (2 months) Train from Tokyo to Osaka: 14 000¥ Osaka: 1.5 Months Kyoto: 1 Week Kobe : 4 Days Nara: 2 Days Accommodation: Share/Guest house https://www.sakurahouse.com/fr/ https://www.oakhouse.jp/eng/ https://tokyosharehouse.com/eng/ https://airbnb.com/ https://www.booking.com/ ≈ ¥ 65 000 / month Food ≈ ¥ 40 000 / month Transport ≈ ¥ 20 000 / month Activities ≈ ¥ 10 000 / month Unexpected Expenses (20% of the budget) ≈ ¥ 54 000 / month	Visits and activities: Visits and activities: Osaka: • Exploring the main neighborhood: Dotonburi, Shinsekai, Namba. • Cultural places: Osaka castle, Umeda sky building, Tsutenkaku, Shitenno-ji, Isshin-ji, Sumiyoshi Taisha, Universal studio Japan, Tennoji Park. • Enjoy the local food (Takoyaki, okonomiyaki, Kushikatsu...) Kyoto: • Exploring the cultural places of the cities especially shrines: Kiyomizu-dera, Yasaka Jinja, Gion neighborhood, Kinkaku-ji, Fushimi Inari Taisha. • Go for a tea ritual initiation. Kobe: • Enjoy the local food, especially Kobe beef. • Visit the city and well-known places: Harborland, Arima Onsen, Rokko mountain, Kitano Ijinkan. Nara: • Nara Park, Wakasuka, Kasuga Taisha. Work (1 months): (Restaurant, shop, hotel, Language teacher French and English). Part-time job for one months in Osaka 15 Hours per week, estimated salary: 1100¥/hours Total earnings: 70 950¥ References: https://www.baitoru.com/ https://www.yolo-japan.com/en/ https://jobs.gaijinpot.com/ https://jobsinjapan.com/
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From April to August.	Okinawa: Mostly Yomitan (4 months) Flight from Osaka to Naha Okinawa: 8 700¥ Accommodation: Diamond Guesthouse Yomitan ≈ ¥ 60 000 / month Food (Mostly home cooked) ≈ ¥ 30 000 / month Transport ≈ ¥ 15 000 / month Activities ≈ ¥ 5 000 / month Unexpected Expenses (20% of the budget) ≈ ¥ 88 000 / month	I have been two times in Okinawa already and I love the place. Visits and activities: Enjoy the nature and the landscapes of Okinawa: beaches and snorkeling (Yomitan, Blue Cave, Zanpa, Motobu, Sesoko Island). Hiking in the north part of the island (Ta-taki waterfall, Fukugawa Falls, Yanbaru National Park, Hedo). Enjoying the local culture and food: Okinawa Soba, Goya, Local fruits like Shikuwasa, Umibudo, Awamori, Orion Beer, Okinawa seafood. Visit cultural places: Murasaki mura (Lantern festival), Ryukyu Mura, Chatan and American Village, Nakijin Castle. Work (2 months): Friends and acquaintances: Yomitan fishermen's village Hotel, Restaurants and bar: 15 Hours per week, estimated salary: 900¥/hours Total earnings: 122 550¥ https://www.baitoru.com/ https://www.yolo-japan.com/en/ https://jobs.gaijinpot.com/ https://jobsinjapan.com/
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August.	Kyushu (1 month) Flight from Naha Okinawa to Fukuoka: 8 700¥ Accommodation: Share/Guest house https://www.sakurahouse.com/fr/ https://www.oakhouse.jp/eng/ https://tokyosharehouse.com/eng/ https://airbnb.com/ https://www.booking.com/ ≈ ¥ 70 000 / month Food ≈ ¥ 40 000 / month Transport ≈ ¥ 25 000 / month Activities ≈ ¥ 20 000 / month Unexpected Expenses (20% of the budget) ≈ ¥ 31 000/ month	Visits and activities: Fukuoka: • Exploring the main neighborhood: Hakata, Tenjin, Nakasu. • Enjoy local food: Hakata ramen, Motsunabe. • Visits: Shofuku-ji, Kushida-Jinja, Ohori Park, Hiko mountain. Nagasaki: • Exploring the main neighborhood: Shинchi, Dejima. • Enjoy local food: Castella, Champon. • Visits: Inasa mountain, Onsen (Unzen), Atomic bomb Museum and peace park. Kagoshima: • Exploring the main neighborhood: Chuo, Iso. • Enjoy local food: Kagoshima Shochu, Kurobuta. • Visits: Kagoshima Castle, Sengan-en, Volcano (Sakurajima, Kirishima) Miyazaki: • Exploring the nature around the region • Enjoy local food: Miyazaki Mango, Hyuganatsu • Visits: Aoshima sanctuary, Takachiho cave, Nichinan Coast, Udo-Jingu, Aoshima Island, Cape Toi.
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Early September.	Shimane (2 Weeks) Train from Kyushu to Shimane: 14 000¥ Accommodation: Share/Guest house and Ryokan https://www.sakurahouse.com/fr/ https://www.oakhouse.jp/eng/ https://tokyosharehouse.com/eng/ https://airbnb.com/ https://www.booking.com/ ≈ ¥ 50 000 / month Food ≈ ¥ 20 000 / month Transport ≈ ¥ 20 000 / month Activities ≈ ¥ 10 000 / month Unexpected Expenses (20% of the budget) ≈ ¥ 20 000/ month	Visits and activities: Mostly Matsue and Izumo. Enjoy the Shimane coastline and a more traditional and countryside part of Japan. Spend a few nights in a Ryokan. Visits: Matsue Castle, Samurai district, Mt Sanbe, Oki Islands, Shinji Lake, Onsen (Tamatsukuri, Yunokawa, Okuizumo) Enjoy the local food: Shimane seafood, Izumo Soba, Shijimi.
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Mid-September to November.	Back to Tokyo (1.5 Months) Train from Shimane to Tokyo: 30 000¥ Tokyo/Lyon flight: 122 000¥ Accommodation: Share/Guest house https://www.sakurahouse.com/fr/ https://www.oakhouse.jp/eng/ https://tokyosharehouse.com/eng/ https://airbnb.com/ https://www.booking.com/ ≈ ¥ 80 000 / month Food ≈ ¥ 50 000 / month Transport ≈ ¥ 20 000 / month Activities ≈ ¥ 10 000 / month Unexpected Expenses (20% of the budget) ≈ ¥ 48 000 / month	Visits and activities: Enjoy for the last month Tokyo and surroundings, go back to the places I like and enjoy the life in Tokyo before leaving. Optional: Working a bit if needed.
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Budget summary :

My total budget before leaving is 3 990 922¥. Considering I will still earn two more months of salary (550 000¥/per month so 225 000¥ savings/per month) It will add 450 000¥ to my total budget.

	Tokyo 3 Months	Osaka 2 months	Okinawa 4 months	Kyushu 1 month	Shimane 2 Weeks	Tokyo 1,5 month	Others
Total : Accommodation	¥ 240 000,00	¥ 130 000,00	¥ 240 000,00	¥ 70 000,00	¥ 50 000,00	¥ 120 000,00	
Total : Food	¥ 150 000,00	¥ 80 000,00	¥ 120 000,00	¥ 40 000,00	¥ 20 000,00	¥ 75 000,00	
Total : Transport	¥ 60 000,00	¥ 40 000,00	¥ 60 000,00	¥ 25 000,00	¥ 20 000,00	¥ 30 000,00	
Total : Activities	¥ 30 000,00	¥ 20 000,00	¥ 20 000,00	¥ 20 000,00	¥ 10 000,00	¥ 15 000,00	
Total : Unexpected expenses 20%	¥ 96 000,00	¥ 54 000,00	¥ 88 000,00	¥ 31 000,00	¥ 20 000,00	¥ 48 000,00	
Total : Flights and train							¥ 319 400,00
Total : Work	¥ 141 900,00	¥ 70 950,00	¥ 122 550,00	¥ -	¥ -	¥ -	
Total expenses/per places	¥ 576 000,00	¥ 324 000,00	¥ 528 000,00	¥ 186 000,00	¥ 120 000,00	¥ 288 000,00	
Budget : Expenses + work	¥ 434 100,00	¥ 253 050,00	¥ 405 450,00	¥ 186 000,00	¥ 120 000,00	¥ 288 000,00	

TOTAL EXPENSES 1 YEAR :	¥ 2 341 400,00
TOTAL WORK :	¥ 335 400,00
TOTAL :	¥ 2 006 000,00
STARTING BUDGET :	¥ 3 990 922,00
	¥ 1 984 922,00