

Projet de vos activités au Japon

(vous pouvez imprimer autant de pages que nécessaire)

Nom de famille	Prénom	Sexe	Age
BRULÉ	ASTRID	WOMAN	28 YEARS OLD
Période	Villes/régions dans lesquelles vous comptez séjourner. Type d'hébergement et loyer mensuel envisagé.	Détails de toutes les activités prévues durant le séjour (visites touristiques/culturelles, études, travail, etc) et du budget (activités, vie quotidienne, transports, repas, etc). Pour les études, précisez le nombre d'heures hebdomadaires et le coût, et pour le travail, le nombre d'heures hebdomadaires et le salaire envisagés ainsi que les pistes de recherche. Un budget récapitulatif pourra être ajouté en fin de programme.	
MY YEAR : From 20/09/26 To 19/09/27	REGIONS VISITED DURING THE YEAR : - HOKKAIDO - TŌHOKU - KANTŌ - CHŪBU - KANSAI - KYŪSHŪ (& OKINAWA)	HOW I PLAN MY TRIP : I plan to travel city to city, work in Ōsaka, Tōkyō and make some volunteer work. Like that, I can experience the Japan in different ways.	
<p><u>ANNUAL FIXED COSTS:</u> <i>Conversion based on current yen rate: 1€ = 183¥</i></p> <p>PLANE TICKETS ROUND TRIP = 182 713¥</p> <p>INTERNATIONAL INSURANCE= 83 645¥ https://www.chapkadirect.fr/index.php?action=produit&id=927</p> <p>JAPANESE SOCIAL SECURITY = 2 000¥/month = 24 000¥/year</p> <p>PHONE = Rakuten -> 3 278¥/month = 39 336¥/year https://network.mobile.rakuten.co.jp/en/fee/saikyo-plan/</p> <p>UNEXPECTED EXPENSES / BACK UP = 275 147¥</p> <p>WWOOF JAPAN REGISTRATION FEE = 5 500¥ https://www.woofjapan.com/home/index.php?lang=en</p> <p>HYGIENE/COSMETICS = Most accommodations provide essentials, but adding my own products for specific needs = 9 500¥</p> <p>SOUVENIRS = 27 515¥</p> <p>TRANSPORTATIONS = ICOCA card ~5000¥/month x12 = 60 000¥ <i>(plus specific trips mentioned in program below)</i></p> <p style="text-align: center;"><u>TOTAL = 707 356¥ (3 871.41€)</u></p>			

FROM
20/09/26
TO
04/01/27
(3.5 months)

ŌSAKA :

ACCOMMODATION =

ShareHouse :

- Rent -> 45 000¥ /month x3.5 months = 157 500¥
- Utilities -> 12 000¥ /month x3.5 months = 42 000¥
- Registration fees = 40 000¥
- **Total = 239 500¥**
3.5 months

- <https://www.oakhouse.jp/fra/>
- <https://www.sakura-house.com/fr/building/>
- <https://gogonihon.com/fr/logements/sharehouses/>
- <https://www.borderless-house.com/jp/>
- <https://bgj.co.jp/en/>

FOOD =

- Groceries -> 45 000¥ /month x3.5 months = 157 500¥
- Extra restaurants & bars -> 12 000¥ /month x3.5 months = 42 000¥
- **Total = 199 500¥**
for 3.5 months

TRANSPORT =

- Included in fixed costs (ICOCA card) + I'd like to walk as much as possible to explore the city.

I truly fell in love with Ōsaka during my 2019 trip. That's why I want to start my journey there, get settled in this city during these 3.5 months, and see it in different colors and temperatures than those of summer.

I'll take some time initially upon my arrival to take care of all the necessary administrative formalities (bank account, phone subscription, social security).

After that, I plan to find a part-time job (20 hours per week) in order to cover part of the costs of the trip, meet locals, and fully immerse myself in the Japanese lifestyle while still having time to explore the city and its surroundings.

PROGRAMME =

PAID VISITS ON SITE:

- Budget temples & shrines 12 000¥
- Soraniwa Onsen 2310¥
- National Bunraku Theatre 5000¥
- TeamLab Botanical Garden 1800¥
- Floating Garden Umeda Sky 1000¥
- Total = 22 110¥ for 3.5 months**

EXAMPLES OF FREE NEIGHBORHOODS, VISITS & TEMPLES TO EXPLORE:

- Shinsekai
- Canal and Dotonbori
- Tenjinbashi-suji (3km shopping street)
- Tempōzan (seaside)
- Tsūtenkaku stroll
- Denden town & otaku road
- America-mura
- Tenma Ichiba (market)
- Kuromon Market
- Nakazakicho
- Ōsaka Castle Park
- Tondabayashi
- Shinsaibashi
- Namba Yasaka Shrine
- Sumiyoshi Taisha Shrine
- Hozenji temple
- Ohatsu Tenjin
- Shitennoji

EVENTS:

- Naniwa Yodogawa Fireworks festival (mid-October)
- New Year

LOCAL SPECIALTIES TO TRY = Takoyaki, Okonomiyaki, Kushikatsu, Ikayaki, Kitsune Udon, Taiko-manju...

MEETUPS & LANGUAGE EXCHANGES =

I plan to connect with local ward offices and associations (example: Osaka International House Foundation <https://www.ih-osaka.or.jp/english/>) & Meetup groups (example: Ōsaka International Friends <https://www.meetup.com/osakainternationalmeetup/> / Global Friends Ōsaka <https://www.meetup.com/ja-jp/global-friends-osaka-international-exchange-club/>)

TOTAL EXPENSES = accommodation 239 500¥ + food 199 500¥ + transport included in fixed costs 0 + visits 22 110¥ = **461 110¥** in costs

<p>FROM 20/09/26 TO 04/01/27 (3.5 months)</p>		<p>WORK = 20h/week Based on Ōsaka's minimum hourly wage of 1177¥/hour. For 20h/week, my salary would be 94 160¥ / month. This would amount to total earnings between 282 480¥ if I work for 3 months and 329 560¥ if I work for 3.5 months. Considering my professional experience in France and fluency in English and French, I believe I could potentially earn more than the minimum wage. Nevertheless, for my calculations, I will base them on the lowest salary to ensure a safety margin, less 10% socials charges. Therefore, I will assume a total of = 254 232¥ for 3 months. - https://jobs.gaijinpot.com - https://www.kimiwillbe.com/find/ - https://www.daijob.com/en/jobs?pg=0 - https://jp.indeed.com - https://www.careercross.com/en</p>
<p>TOTAL IN ŌSAKA = total expenses 461 110¥ - estimated salary 254 232¥ = 206 878¥</p>		
<p style="text-align: center;">AROUND ŌSAKA :</p> <p><i>KOBE 2 days</i></p> <ul style="list-style-type: none"> • Accommodation = hostel 1 night 2 749¥ https://nalunodo.thebase.in/ • Food = classic meals 2500¥ + Kobe beef 7000¥ = 9500¥ • Transport = Ōsaka-Kobe round trip 820¥ + waterfalls & garden round trip 460¥ = 1 280¥ Total = 13 529¥ <p><i>KYŌTO round trips x2</i></p> <ul style="list-style-type: none"> • 1st time (Oct 22) Transport 1200¥ + lunch 700¥ = 1900¥ for the day • 2nd time (late Nov-early Dec) Transport 1200¥ + 700¥ = 1900¥ for the day <p><i>MINOH round trip</i></p> <ul style="list-style-type: none"> • Transport 1280¥ + meals 700¥ + temple 500¥ = 2480¥ for the day <p>TOTAL AROUND = 19 809¥</p> <p style="text-align: center;">ŌSAKA PERIOD (3.5 months) = 226 687¥ (1238.84€)</p>		
<p>FROM 04/01/27 TO 09/01/27 (6 days)</p>	<p style="text-align: center;">NAGOYA :</p> <p>ACCOMMODATION = City hostel 4 nights 11 000¥ + Azumino hostel 2750¥ for the night Total = 13 750¥ - https://namaste-nagoya.com/en/ - https://www.anshin-hostel.com/en/nagoya/ - https://tabisurugoya.com/azumino/</p>	<p><i>As a big fan of the Studio Ghibli's work, I want to visit the park dedicated to it and also spend a few days discovering Nagoya, its history, and its illuminations.</i></p> <p>PROGRAMME = PAID VISITS ON SITE: - Ghibli Park 7300¥ - Azumino 450¥ - Nagashima Resort 1600¥ Total = 9350¥</p>

<p>FROM 04/01/27 TO 09/01/27 (6 days)</p>	<p>FOOD = 2 meals x1000¥ (incl. Miso Katsu) + 8 meals x700¥ + 700¥ Total = 8300¥</p> <p>TRANSPORT = Ōsaka-Nagoya one way 3500¥ + Ghibli Park round trip 1340¥ + Inuyama round trip 1200¥ + Kiyosu Castle round trip 540¥ + Nagashima Resort round trip 1760¥ Total = 8340¥</p>	<p><i>EXAMPLES OF FREE NEIGHBORHOODS, VISITS & TEMPLES TO EXPLORE:</i></p> <ul style="list-style-type: none"> - Inuyama - Kiyosu Castle <p><i>LOCAL SPECIALTY TO TRY:</i> Miso Katsu</p>
<p><u>NAGOYA PERIOD = 39 740¥ (217.16€)</u></p>		
<p>FROM 09/01/27 TO 14/02/27 (~1 month & a week)</p>	<p style="text-align: center;">HOKKAIDŌ :</p> <p>VOLUNTEERS = - https://helpx.net/host/UYILUKO16 - https://www.worldpackers.com/positions/98102 - https://www.worldpackers.com/positions/79809 - https://helpx.net/host/2233156MI - https://www.worldpackers.com/positions/43748 - https://helpx.net/host/1382822NA - https://www.worldpackers.com/positions/98267 - https://www.worldpackers.com/positions/66510</p> <p>ACCOMMODATION = 0¥ (included in volunteer work)</p> <p>FOOD = daily between 0¥ & 45 835¥ + extras 9167¥ Total max = 55 002¥</p> <p>TRANSPORT =</p> <ul style="list-style-type: none"> • Nagoya-Sapporo flight 12 140¥ • Volunteer locations between 0 & 7600¥ • Estimated transport for local visits 9167¥ <p>Total between 21 307¥& 28 907¥, let's go with 28 907¥</p>	<p><i>I want to do volunteer work in Hokkaido prefecture to continue meeting locals and other international travelers across the country while discovering what winter is like in the north of the country.</i></p> <p>PROGRAMME =</p> <p><i>VISITS & ACTIVITIES: 8250¥</i></p> <p><i>EVENTS:</i></p> <ul style="list-style-type: none"> - Sapporo Snow Festival - Asahikawa Winter Festival - Sapporo White Illuminations <p><i>LOCAL SPECIALTY TO TRY:</i> Jingsukan</p>
<p><u>HOKKAIDŌ PERIOD = 92 159¥ (502.67€)</u></p>		
<p>FROM 14/02/27 TO 22/02/27 (9 days)</p>	<p>AOMORI, FUKUSHIMA & NIKKŌ :</p>	<p><i>I believe that the best way to get to know a country and its culture is sometimes to take your time while traveling and wander through its streets. These few days will be centered around that idea. That's why I've chosen longer routes, so that I can watch the landscapes from my window, and I haven't filled my itinerary with must-see tourist attractions. Of course, I do have some planned, but I also want to allow myself to get lost in the city, meet locals, stumble upon a museum or park by chance, and discover the city on a human scale.</i></p>

FROM 14/02/27 TO 22/02/27 (9 days)	<p style="text-align: center;">AOMORI :</p> <p>ACCOMMODATION = <ul style="list-style-type: none"> • Hostel 3000¥ /night x3 = 9000¥ - <u>Orando Second Floor (between 2000¥ & 3000¥)</u> - <u>Aomori Moya Kogen Youth Hostel (between 2500¥ & 3500¥)</u> </p> <p>FOOD = 1500¥/day x3 = 4500¥</p> <p>TRANSPORT = Sapporo-Aomori bus + train 10 000¥ + Hirosaki round trip 1480¥ + Takayama Inari Shrine round trip 2500¥ Total = 13 980¥</p>	<p>PROGRAMME = <i>EXAMPLES OF NEIGHBORHOODS, VISITS & TEMPLES TO EXPLORE:</i> <ul style="list-style-type: none"> - Hirosaki Park - Takayama Inari Shrine - Hirosaki Castle - Furukawa market - Aomori Prefectural Art Museum - Nebuta Warasse House Total = about 3000¥ </p> <p><i>LOCAL SPECIALTIES TO TRY:</i> Noki don, Shikanai Senbei</p>
	TOTAL IN AOMORI = <u>30 480¥</u>	
	<p style="text-align: center;">FUKUSHIMA :</p> <p>ACCOMMODATION = Hostel 2800¥ /night x2 = 5600¥ <ul style="list-style-type: none"> - https://launion.page/ - http://www.atoma-fukushima.com/ </p> <p>FOOD = 3000¥</p> <p>TRANSPORT = Aomori-Fukushima bus 4000¥ + Tatsusawa Fudo round trip 800¥ Total = 4800¥</p>	<p>PROGRAMME = <i>EXAMPLES OF NEIGHBORHOODS, VISITS & TEMPLES TO EXPLORE:</i> <ul style="list-style-type: none"> - Prefectural Art Museum 300¥ - Short hike Mt Shinobu and Iwaya Kannon - Hanamiyama Park - Tatsusawa Fudo Falls - Fukushima Shrine Total = about 1000¥ </p> <p><i>LOCAL SPECIALTY TO TRY =</i> Kitakata Ramen</p>
	TOTAL IN FUKUSHIMA = <u>8800¥</u>	
<p style="text-align: center;">NIKKŌ :</p> <p>ACCOMMODATION = <ul style="list-style-type: none"> • 2500¥ /night x2 = 5000¥ - <u>Roost Hostel Nikkō</u> - <u>Hotel Famitec Nikkō Station</u> - <u>Nikkō Park Lodge</u> • Ryokan 18 740¥ (no meals) or 28 740¥ (with meals) - <u>Atami-kan</u> - http://takemiso.dohome.net/ - <u>Nikko Hoshinoyado</u> Total = between 28 740¥ & 38 740¥ </p> <p>FOOD = between 4500¥ & 3000¥ (depending on ryokan option)</p> <p>TRANSPORT = Fukushima-Nikkō 3740¥</p>	<p><i>VISITS & ACTIVITIES:</i> I have already been to Nikkō in 2019, that's why I'll leave my options open, maybe just a stop at Kusatsu Onsen to enjoy the natural hot springs, but I think I will mainly wander around, so I am planning around 1500¥</p>	
TOTAL NIKKŌ = between 38 480¥ & <u>46 980¥</u>		
<u>AOMORI-FUKUSHIMA-NIKKŌ PERIOD = ~ 77 760¥ & 86 260¥ (371.4€)</u>		

<p>FROM 22/02/27 TO 14/06/27 (~4 months)</p>	<p style="text-align: center;">TŌKYŌ :</p> <p>ACCOMMODATION = ShareHouse :</p> <ul style="list-style-type: none"> • Rent -> 60 000¥ /month x4 months = 240 000¥ • Utilities -> 15 000¥ /month x4 months = 60 000¥ • Registration fees -> 40 000¥ <p>Total = 340 000¥</p> <ul style="list-style-type: none"> - https://www.oakhouse.jp/fra/ - https://www.sakura-house.com/fr/building/ - https://gogonihon.com/fr/logements/sharehouses/ - https://www.borderless-house.com/jp/ - https://bgj.co.jp/en/ <p>FOOD =</p> <ul style="list-style-type: none"> • Groceries -> 55 000¥ /month x4 months = 220 000¥ • Extra restaurants & bars -> 9182¥ /month x4 = 36 728¥ <p>Total = 256 728¥ for 4 months</p> <p>TRANSPORT =</p> <ul style="list-style-type: none"> • Nikkō-Tōkyō 3200¥ • Included in fixed costs (ICOCA card) • 8000¥ for potential ICOCA card overages with trips to surrounding prefectures <p>Total = 11 200¥</p>	<p>PROGRAMME = <i>PAID VISITS:</i></p> <ul style="list-style-type: none"> - Temples & shrines budget 12 000¥ - TeamLab Planet 4200¥ - National Noh Theatre 2700¥ - Ghibli Museum 1000¥ - MOMAT 1800¥ - Kabukiza Theatre 5000¥ - Jazz Spot Intro 3000¥ <p>Total = 29 700¥</p> <p><i>EXAMPLES OF FREE NEIGHBORHOODS, VISITS & TEMPLES TO EXPLORE:</i></p> <ul style="list-style-type: none"> - Shinjuku / Ikebukuro: Kabukicho, Omoide Yokocho, City Hall - Tōchō (Shinjuku center, free observation), Sunshine City - Akihabara / Ueno / Asakusa: Nakamise Street, Ueno Park, Asakusa (subway), Monzen Nakacho - Harajuku / Shibuya: Takeshita Street, Omotesando Street, Cat Street, Shibuya Park, Tower Records Shibuya - Kagurazaka - Renga Zaka Street Nakano - Nakano Broadway - Hiroo - Yanaka - Yotsugi and Adachi - Togoshiginsa - Kitte Marunouchi - Shibakoen (Minato-ku park) - Tsukiji Market - Kiyosumi Garden - Meiji-jingū - Sensō-ji - Zōjō-ji <p><i>EVENTS:</i></p> <ul style="list-style-type: none"> - Ume Matsuri - Hanami - Kanda Matsuri - Kinryu no Hi - Sanja Matsuri - Sanno Matsuri <p><i>LOCAL SPECIALTY TO TRY =</i> Monjayaki</p> <p>MEETUPS & LANGUAGE EXCHANGES = Same as in Ōsaka, I plan to connect with local ward offices and associations (examples: Shinjuku International Lounge https://www.city.shinjuku.lg.jp/foreign/english/ / Tōkyō Council of International Exchange https://tc-ie.org/en/) & Meetup groups (examples: Tōkyō International Exchange https://tokyo-cci.or.jp/international/ / Tōkyō Council of International Exchange https://tc-ie.org/en/)</p>
	<p>TOTAL EXPENSES = accommodation 340 000¥ + food 256 728¥ + transport 11 200¥ + visits 29 700¥ = 637 628¥ (3482.88€) for 4 months</p>	
	<p>WORK = 20h/week <i>Working, like in Ōsaka, will help ease my budget by covering most of my rent while meeting locals and immersing myself in real Tokyoite lifestyle. I also plan part-time around 20h/week, leaving time to explore the city and its surroundings.</i></p>	

<p>FROM 22/02/27 TO 14/06/27 (~4 months)</p>		<p>Based on my professional experience back in France, the time I would have spent in Japan, and the fact I can speak both English and French, I think I can get 1300¥/hour. My salary then would be between 312 000¥ for 3 months and 364 000¥ for 3.5 months. For my calculations, I'll use the lowest to buffer a safety margin, less 10% socials charges. So = 280 800¥ for 3 months.</p> <ul style="list-style-type: none"> - https://jobs.gaijinpot.com - https://www.kimiwillbe.com/find/ - https://www.daijob.com/en/jobs?pg=0 - https://jp.indeed.com - https://www.careercross.com/en
<p>TOTAL IN TŌKYŌ = total expenses 637 628¥ - estimated salary 280 800¥ = 356 828¥</p>		
<p>AROUND TŌKYŌ :</p> <p><i>KANAGAWA PREFECTURE</i> 3 days total</p> <ul style="list-style-type: none"> • 1st time, Yokohama Transport round trip 480¥ + lunch 700¥ + visits 600¥ = 1780¥ for the day • 2nd time, 2 days Kamakura + Enoshima Island Transport 2480¥ + hostel 1 night 3500¥ + meals 3500¥ + visits 1500¥ = 10 980¥ https://kamakurabackpackersvilla.com/ <p><i>MATSUMOTO round trip</i></p> <ul style="list-style-type: none"> • Transport 13 000¥ + lunch 700¥ = 13 700¥ for the day <p><i>ITŌ round trip</i></p> <ul style="list-style-type: none"> • Transport 5000¥ + lunch 700¥ = 5700¥ for the day <p><i>KAWAGOE round trip</i></p> <ul style="list-style-type: none"> • Transport round trip = 1000¥ • Kawagoe temple Kitai Pass + transport + Kitton Street = 800¥ • Lunch 600¥ = 2400¥ for the day <p>TOTAL AROUND = 34 560¥</p>		<p><i>LOCAL SPECIALITY TO TRY:</i> Komachi-dori stroll</p>
<p><u>TŌKYŌ PERIOD (4 months) = 391 388¥ (2146.23€)</u></p>		
<p>FROM 14/06/27 TO 19/06/27 (6 days)</p>	<p>KYŪSHŪ :</p> <p><i>DAY 1</i></p> <ul style="list-style-type: none"> • TRANSPORT = Tokyo-Kumamoto flight 5000¥ + bus 2000¥ = 7000¥ • FOOD = Onigiri & Dengaku Takamori = 900¥ • ACCOMMODATION = Kumamoto Capsule = 3500¥ <p>TOTAL = 11 400¥</p>	<p><i>Since I'm going further south, I want to take advantage and spend some time on Kyūshū with "special Ghibli and Shingeki no Kyojin stops." I'll try capsule hotels and eat the famous Tamago Onsen eggs. The itinerary might be packed some days but I'll keep others lighter so that I may just wander around.</i></p> <p><i>DAY 1</i></p> <ul style="list-style-type: none"> • <i>ACTIVITIES / VISITS:</i> Takamori forest + Kumanoimasu (2-3h hike)

<p>FROM 14/06/27 TO 19/06/27 (6 days)</p>	<p><i>DAY 2</i></p> <ul style="list-style-type: none"> • TRANSPORT = Unchinoura bus = 2000¥ • FOOD = Udon & Karashi Renkon = 850¥ • ACCOMMODATION = Kumamoto Capsule = 3500¥ <p>TOTAL = 6350¥</p> <p><i>DAY 3</i></p> <ul style="list-style-type: none"> • TRANSPORT = train round trip = 3000¥ • FOOD = Bento + Hita Gyoza = 900¥ • ACCOMMODATION = Kumamoto Capsule = 3500¥ <p>TOTAL = 7400¥</p> <p><i>DAY 4</i></p> <ul style="list-style-type: none"> • TRANSPORT = Bus + train + Sakurajima ferry = 6200¥ • FOOD = Tamago Onsen + ramen = 800¥ • ACCOMMODATION = Yakushima Guesthouses = 5000¥ <p>TOTAL = 12 000¥</p> <p><i>DAY 5</i></p> <ul style="list-style-type: none"> • TRANSPORT = Bus 2000¥ • FOOD = Daim Yakushima + onigiri = 900¥ • ACCOMMODATION = Yakushima Guesthouses = 5000¥ <p>TOTAL = 7900¥</p> <p><i>DAY 6</i></p> <ul style="list-style-type: none"> • TRANSPORT = Ferry + train 9200¥ + Kumamoto-Naha flight 7000¥ = 16 200¥ • FOOD = Udon + Chicken Nanban = 850¥ <p>TOTAL = 17 050¥</p>	<p><i>DAY 2</i></p> <ul style="list-style-type: none"> • ACTIVITIES / VISITS = Nagabeta Seabed Road at Uchinoura (Chihiro vibes) <p><i>DAY 3</i></p> <ul style="list-style-type: none"> • ACTIVITIES / VISITS = Hita Village (SNK featured) <p><i>DAY 4</i></p> <ul style="list-style-type: none"> • ACTIVITIES / VISITS = Sakurajima, Yunohira Observatory <p><i>DAY 5</i></p> <ul style="list-style-type: none"> • ACTIVITIES / VISITS = Yakushima UNESCO forest (Mononoke forest inspiration) <p><i>DAY 6</i></p> <ul style="list-style-type: none"> • ACTIVITIES / VISITS = Aoshima (cats island) • ENTRIES, VARIOUS VISITS, OTHER LOCAL SPECIALTIES & MARGIN TOTAL = 6400¥
<p><u>KYŪSHŪ PERIOD = 68 500¥ (374.59€)</u></p>		
<p>FROM 19/06/27 TO 15/07/27 (~1 month)</p>	<p>OKINAWA :</p> <p>VOLUNTEERS =</p> <ul style="list-style-type: none"> - https://helpx.net/host/1856019QS - https://www.worldpackers.com/positions/91120/details - https://www.worldpackers.com/positions/81188 <p>ACCOMMODATION = 0¥ (included in volunteer work)</p> <p>FOOD = 36 767¥</p>	<p><i>After discovering winter in Hokkaido, I want to experience summer in Okinawa. I'm aware I'm choosing the most extreme temperatures, but that's what attracts me—a way to discover Japan's climate differences, which don't exist as much in France. Plus, July 5th is my 30th birthday, so I want to celebrate in the sun somewhere I'll already be settled. That's why I chose to repeat the volunteer experience. I'm excited to discover another facet of Japan alongside Okinawa locals. And of course enjoy the beaches, as nothing inspires vacation more than sand and ocean!</i></p> <p>PROGRAMME =</p> <p><i>In Okinawa, I mainly want to meet as many people as possible where I'll be. Still planning to do:</i></p> <ul style="list-style-type: none"> - Shurijō Castle - Yambaru National Park hikes

<p>FROM 19/06/27 TO 15/07/27 (~1 month)</p>	<p>TRANSPORT =</p> <ul style="list-style-type: none"> • Arrival already included in Kyūshū's budget • 5000¥ from fixed ICOCA card budget (won't recharge this month) used for island transport • Extra 5000¥ for longer trips <p>Total = 5 000¥</p>	<ul style="list-style-type: none"> - Diving - Eisa Festival - Nago Summer Festival <p>Total = around 10 000¥</p> <p><i>LOCAL SPECIALTY TO TRY:</i> Goya Champuru</p>
<p><u>OKINAWA PERIOD = 51 767¥ (283.15€)</u></p>		
<p>FROM 15/07/27 TO 25/08/27 (1 month & 10 days)</p>	<p style="text-align: center;">KYŌTO :</p> <p>VOLUNTEERS =</p> <ul style="list-style-type: none"> - https://helpx.net/host/2173827CZ - https://www.worldpackers.com/positions/21067 - https://www.worldpackers.com/positions/31363 - https://www.worldpackers.com/positions/60891 <p>ACCOMMODATION = 0¥ (included in volunteer work)</p> <p>FOOD = 57 500¥</p> <p>TRANSPORT =</p> <ul style="list-style-type: none"> • Okinawa-Kyoto one way 20 000¥ • ICOCA included in fixed budget • Extra 10 000¥ <p>Total = 30 000¥</p>	<p><i>In 2019 I loved Kyōto and didn't want to just make one or two day trips from Ōsaka but rather fully enjoy the city and its surroundings. That's why I plan to do one last volunteer stint. Especially since I'm going during peak tourist season, settling in even briefly will help me make the most of it and discover other facets of the city through local connections.</i></p> <p>PROGRAMME =</p> <p><i>PAID ACTIVITIES & VISITS:</i></p> <ul style="list-style-type: none"> - Manga museum 1200¥ - Temples & shrines budget (ex: Ginkaku-ji, Kinkaku-ji...)= 7500¥ - Rōmi Theatre Kyoto 6000¥ - Okunoin Nō Stage 6000¥ - Minami-za 6000¥ - Uji-gawa River Cormorant Fishing 800¥ - Other activities 5000¥ <p>Total = 32 500¥</p> <p><i>FREE NEIGHBORHOODS, VISITS & TEMPLES EXAMPLES:</i></p> <ul style="list-style-type: none"> - Higashiyama streets - Gion - Nishiki market - Arashiyama - Saga-Toriiimoto preserved street - Fushimi Inari - Kifune shrine - Giō-ji - Otagi Nenbutsu-ji - Adashino Nenbutsu-ji - Seriyō-ji - Tetsugaku-no-michi (Philosopher's Path) - Pontocho - Kamo River <p><i>EVENTS:</i></p> <ul style="list-style-type: none"> - Yoiyama - Gion Matsuri - Obon Matsuri - Daimonji Gozan no Okuribi
<p>AROUND KYŌTO =</p> <p><i>NARA round trip</i></p> <ul style="list-style-type: none"> • Transport 1300¥ + lunch 700¥ <p>Total = 2000¥ for the day</p>		<p><i>As I've already visit Nara in 2019 I'll see at that time but probably gonna see the deer, visit and eat at Nishiki Market.</i></p> <ul style="list-style-type: none"> • <i>ENTRIES, VARIOUS VISITS, OTHER LOCAL SPECIALTIES = 1500¥</i>
<p><u>KYŌTO PERIOD = 123 500¥ (674.59€)</u></p>		

FROM
25/08/27
TO
09/09/27
(16 days)

WOOFING CHŪBU :

D1-3: Aug 25-27
KANAZAWA/GOKAYAMA
(Example: WWOOF Ferme Washi Toyama)

- Accommodation/Food included for autumn rice harvest + washi paper (4h/day)
- TRANSPORT = Kyoto-Kanazawa train 3500¥ + Gokayama round trip bus 1000¥ + Ainokura round trip bus 500¥ + Kenrokuen round trip bus 400¥ = 5400¥
TOTAL = **5900¥**

D4-6: Aug 28-30
NAGANO
(ex: WWOOF soba mountain farm near Togakushi)

- TRANSPORT = Kanazawa-Togakushi bus & train 4000¥ + Togakushi round trip bus 1200¥ + Suwa round trip bus 1500¥ = 6700¥
TOTAL = **6700¥**

D7-8: Aug 31-Sep 1
KAKURINKŌ SHUKUBO
• TRANSPORT = Nagano-Minobu train 4500¥ + Kakurinbo Shukubo 17 600¥ (2 nights shojin ryori included)
TOTAL = **22 100¥**

D9-12: Sep 2-5
KAWAGUCHIKO
(ex: WWOOF fruit farm)

- TRANSPORT = Minobu-Kawaguchiko bus 2000¥ + Fuji bus round trip 3000¥ = 5000¥
TOTAL = **5000¥**

D13-16: Sep 6-9
GUJŌ / SHIRAKAWA / TAKAYAMA
(ex: WWOOF Hida beef farm)

- TRANSPORT = Kawaguchiko-Gujō Hachiman train & bus 5000¥ + Shirakawa round trip 1500¥ + Takayama round trip 2000¥ = 8500¥
TOTAL = **8500¥**

- FOOD (just in case) = **30 000¥**

My trip is unfortunately coming to an end, so I want to explore as many places as possible, continue discovering culinary specialties, and meet locals. Being harvest season for rice, fruits, and soba, it's the perfect time for woofing and exploring the Chūbu region.

PROGRAMME =

D1-3: Aug 25-27

- **ACTIVITIES / VISITS:**
 - Kenrokuen
 - Ainokura UNESCO
 - Inhabited Gasshō-zukuri houses
 - Shogawa River trail 1h
 - Higashi Chaya-gai
 - Ōmichō Market (seafood **500¥**)

D4-6: Aug 28-30

- **ACTIVITIES / VISITS:**
 - Togakushi Okusha
 - Suwa Taisha
 - Suwa-ko (Lake, Your Name inspiration)
 - Takashima-jō (Castle)

D7-8: Aug 31-Sep 1

- **ACTIVITIES / VISITS:**
 - Monk meditation
 - Fuji-san hike
 - Zen garden

D9-12: Sep 2-5

- **ACTIVITIES / VISITS:**
 - Kōyadai Observatory
 - Motonosumi Inari torii
 - Kawaguchiko Music Forest
 - Ōishi Park

D13-16: Sep 6-9

- **ACTIVITIES / VISITS:**
 - Sanmachi-suji Gasshō (UNESCO)
 - Shiroyama viewpoint
 - Anmachi-suji
 - Gujō canals

• **LOCAL SPECIALTIES TO TRY** = Hoba Miso, Oyaki, Hōtō noodles, Shōjin ryori, Takayama rāmen...

- **ENTRIES, VARIOUS VISITS, OTHER LOCAL SPECIALTIES & MARGIN TOTAL** = **6000¥**

CHŪBU WOOFING PERIOD = 94 200¥ (516.56€)

<p>FROM 09/09/27 TO 19/09/27 (10 days)</p>	<p style="text-align: center;">ŌSAKA:</p> <ul style="list-style-type: none"> • ACCOMMODATION = 16 500¥ • FOOD = 5000¥ • TRANSPORT = <ul style="list-style-type: none"> - Fixed Suica card costs - Kishiwada round trip train for Danjiri Matsuri 1000¥ Total = 1000¥ • EXTRA COSTS = 5000¥ 	<p><i>The trip is coming to an end. I'd like to "close the loop" by ending where I started, rediscovering places I wanted to see, reconnecting with people I met, and attending Kishiwada Danjiri Matsuri on Sep 14-15.</i></p>
<p><u>ŌSAKA END OF TRIP PERIOD = 27 500¥ (150.27€)</u></p>		
<p>BUDGET SUMMARY</p>	<p><i>Annual fixed costs 707 356¥ + Ōsaka period 226 687¥ + Nagoya period 39 740¥ + Hokkaidō period 92 159¥ + Aomori-Fukushima-Nikkō period 86 260¥ + Tōkyō period 391 388 ¥ + Kyūshū period 68 500¥ + Okinawa period 51 767¥ + Chūbu woofing period 94 200¥ + Ōsaka end of trip period 27 500¥</i></p>	
<p><i>1 YEAR OF WORKING HOLIDAY IN JAPAN</i></p>	<p><u>= 1 785 557¥ (9791.33€)</u></p>	
<p>NB = Initial budget 10 500€ (1 914 790¥)</p>	<p>1 914 790¥ - 1 785 557¥ = +129 233¥ of margin (708.76€)</p>	