

Projet de vos activités au Japon

(vous pouvez imprimer autant de pages que nécessaire)

<p>Nom de famille <u>Vigieron</u></p>	<p>Prénom <u>Paul Antony</u></p>	<p>Sexe <u>Homme</u></p>	<p>Age <u>24 ans</u></p>
<p>Période</p>	<p>Villes/régions dans lesquelles vous comptez séjourner. Type d'hébergement et loyer mensuel envisagé.</p>	<p>Détails de toutes les activités prévues durant le séjour (visites touristiques/culturelles, études, travail, etc) et du budget (activités, vie quotidienne, transports, repas, etc). Pour les études, précisez le nombre d'heures hebdomadaires et le coût, et pour le travail, le nombre d'heures hebdomadaires et le salaire envisagés ainsi que les pistes de recherche. Un budget récapitulatif pourra être ajouté en fin de programme.</p>	
<p>15/07/2026- 14/11/2026 (4 months)</p>	<p style="text-align: center;">TOKYO</p> <p style="text-align: center;">Accommodation : SHARE HOUSE :</p> <p>https://www.sakura-house.com/ https://www.tokyocityapartments.et/ https://www.oakhouse.jp/</p> <p>Estimated rent:</p> <p style="color: red;">¥ 60,000 / month Total: ¥240,000</p> <p style="text-align: center;">Living expenses: Food: ¥40,000 / month → ¥160,000 Transport: ¥10,000 / month → ¥40,000 E-sim: ¥15,000 / month → ¥60,000</p> <p style="color: red;">Total living expenses: ¥260,000</p> <hr/> <p style="text-align: center;">Tokyo Summary</p> <p style="color: red;">Rent: ¥240,000 Living expenses (food, transport, phone): ¥260,000 Activities: ¥25,000</p> <p style="color: red;">Total expenses: ¥525,000</p>	<p>TOURISM :</p> <p>Visit districts (Shinjuku, Shibuya, Ikebukuro, Akihabara, Asakusa, Nakano, Koenji) : free Meiji-jingu : free Senso-ji (Asakusa) : free Tokyo Tower (Main Deck) : ¥ 1,200 Tokyo Skytree : ¥ 1,800 Odaiba (walk + sites) : free Museum Edo-Tokyo / other museums: ~ ¥ 800- ¥ 1,000 TeamLab: ¥ 3,600 Parcs (Ueno, Yoyogi, Shinjuku Gyoen) : ~¥ 0- ¥ 500</p> <p>DISCOVERING THE SURROUNDINGS:</p> <p>Kamakura (temples, plage) : ¥ 1,000 Kawagoe : ¥ 600 Nikko : ¥ 5,800 Mont Takao : ¥ 940 Yokohama : ¥ 500 Enoshima : ¥ 1,200 Mont Fuji (Kawaguchiko) : ~ ¥ 5,000- ¥ 6,000</p> <p>Estimated budget: Total: ¥22,000 ~ ¥25,000</p> <p>WORK PLAN:</p> <ul style="list-style-type: none"> ● One part-time job (restaurant or café) Salary: ¥1,100 / hour Working time: Up to 20 hours per week depending on needs Estimated income: ¥100,000 – ¥120,000 / month 	

KYOTO

Accommodation:

SHARE HOUSE :

- <https://tokyosharehouse.com/eng/area/search/107>
- <https://www.likibu.com/>

Estimated rent:

¥ 45,000 / month
Total: ¥135,000

Living expenses:

Food: ¥35,000 / month → ¥105,000
Transport: ¥10,000 / month → ¥30,000
E-sim: ¥10,000 / month → ¥30,000

Total living expenses: ¥165,000

Kyoto Summary

Rent: ¥135,000
Living expenses (food, transport, phone):
¥165,000
Activities: ¥7,000
Total expenses: ¥307,000

TOURISM:

Visit historical districts (Gion, Higashiyama, Arashiyama): free

Temples and shrines:

Kiyomizu-dera: ¥400
Fushimi Inari Taisha: free
Kinkaku-ji (Golden Pavilion): ¥500
Ginkaku-ji: ¥500
Ryoan-ji: ¥500

Arashiyama Bamboo Grove: free

Traditional culture (streets, wooden houses, gardens): free

Museums and cultural activities: ~¥500 – ¥1,000

DISCOVERING THE SURROUNDINGS:

Uji (Byōdō-in Temple): ¥600
Ohara (temples, nature): ~¥1,000
Kurama & Kibune (hiking + temples): ~¥1,000
Arashiyama (nature areas): free
Local day trips (train): ~¥500 – ¥1,000

Estimated budget:

Total: ¥5,500 ~ ¥6,500

WORK PLAN:

- **One part-time job (restaurant or café)**
Salary: ¥1,050 / hour
Working time: 20-25 h / week
Estimated income:
¥90,000 / month → ¥275,000 total

15/11/2026 -
14/02/2027
(3 months)

<p>15/02/2027 - 14/05/2027 (3 months)</p>	<p style="text-align: center;">OSAKA</p> <p style="text-align: center;">Accommodation:</p> <p>SHARE HOUSE :</p> <ul style="list-style-type: none"> • https://www.sakura-house.com/ • https://sharehouse.in/eng/location/house/106/ <p>Estimated rent:</p> <p>¥ 50,000 / month Total: ¥150,000</p> <p style="text-align: center;">Living expenses:</p> <p>Food: ¥35,000 / month → ¥105,000 Transport: ¥12,000 / month → ¥36,000 E-sim: ¥15,000 / month → ¥45,000</p> <p>Total living expenses: ¥186,000</p>	<p>TOURISM:</p> <p>Namba : free Dotonbori : free Shinsekai : free</p> <p>Osaka Castle : ¥600 Kuromon Market : ¥2,000–¥3,000 Tempozan Harbor Village : free Umeda Sky Building : ¥2,000</p> <p>DISCOVERING THE SURROUNDINGS:</p> <p>Sakai (historical city): free Minoo (natural park, waterfall): free</p> <p>Amagasaki: free Kishiwada (castle): ¥300 Local train excursions: ~¥500 – ¥1,000</p> <p>Estimated budget:</p> <p>Total: ¥7,400 ~ ¥8,900</p>
	<p style="text-align: center;">Osaka Summary</p> <p>Rent: ¥150,000 Living expenses (food, transport, phone): ¥186,000 Activities: ¥9,000</p> <p>Total expenses: ¥345,000</p> <hr/> <p style="text-align: center;">FINAL BUDGET ESTIMATION</p> <p>The total estimated cost of my stay is approximately ¥1,200,000 (~€6,500).</p> <p>I currently have personal savings of approximately €10,800 available to finance my stay in Japan, which exceeds the minimum financial requirements for the Working Holiday Visa.</p> <p>In addition, I may work part-time when needed, up to around 20 hours per week, with an estimated monthly income of ¥100,000–¥120,000, in order to supplement my daily expenses.</p> <p>My estimated monthly expenses are approximately ¥120,000–¥150,000, including accommodation, food, transportation and leisure activities.</p> <p>This financial plan allows me to maintain a stable balance between my savings, occasional income and expected expenses throughout my stay.</p> <p>My main objective remains to discover Japanese culture, travel across the country, improve my Japanese language skills and experience daily life in Japan.</p>	<p>WORK PLAN:</p> <ul style="list-style-type: none"> • One part-time job (restaurant or café) Salary: ¥1,050 / hour Working time: 20-25 h / week Estimated income: ¥100,000 / month → ¥300,000 total

