

Projet de vos activités au Japon

(vous pouvez imprimer autant de pages que nécessaire)

Nom de famille	Prénom	Sexe	Age
SICRE	Timothee	M	30
Période	Villes/régions dans lesquelles vous comptez séjourner. Type d'hébergement et loyer mensuel envisagé.	Détails de toutes les activités prévues durant le séjour (visites touristiques/culturelles, études, travail, etc) et du budget (activités, vie quotidienne, transports, repas, etc). Pour les études, précisez le nombre d'heures hebdomadaires et le coût, et pour le travail, le nombre d'heures hebdomadaires et le salaire envisagés ainsi que les pistes de recherche. Un budget récapitulatif pourra être ajouté en fin de programme.	
~02 September 2026 to October 2026 (2 months)	<p>Flight Paris→Tokyo ¥90,000 Skyscanner, Trip.com (Flight counted in overall flights budget on the last page)</p> <p style="text-align: center;"><u>Tokyo</u></p> <p>Share house 70,000/month x2 sakura-house.com oakhouse.jp sharehouse.in</p> <p>Total accommodation : ¥140,000 (excl. overnight excursions)</p> <p>Public Transport ¥15,000/monthx2 (Serve as a monthly base, excl. the ones for each day trip and overnight excursions)</p> <p>Total public transport : ¥30,000</p> <p>Total day trips/excursions : ¥39,590 (Transports, Activities and Housing included in each trip and detailed on the right column)</p> <p>Food ¥50,000/monthx2</p> <p>Total Food : ¥100,000</p>	<p>[Tokyo / Fixed Base] Tokyo, serves as the natural starting point of this journey. Two months to settle administratively, establish a stable address, and begin exploring the Kanto region before moving further into the country.</p> <p>Arriving with an initial budget of ¥1,929,200 (€10,400), working remain entirely optional throughout my stay. As detailed in the final budget summary, my savings alone fully cover this trip.</p> <p>Administrative Setup - City hall registration, Post Bank, SIM card, National Health Insurance - Japanese language classes -- Nihongo Hiroba Shinjuku: volunteer classes, Shinjuku City Hall, 4 sessions/week. Informal community conversation classes with no academic credit, certification, or professional purpose. Intended purely for cultural integration and daily language practice (¥2,000/term) + Driver License Translation ¥4000 foreign.city.shinjuku.lg.jp/en/kurashi/nihongohiroba/ Total administrative = ¥6,000</p> <p>Museums Mori Art Museum, Roppongi Hills (¥2,000) Tokyo National Museum, Ueno (¥1,000) Total museums = ¥3,000</p> <p>Temples & Shrines Senso-ji Temple Asakusa (free), Meiji Jingu (free), Gotoku-ji Total temples = ¥0</p> <p>Parks Shinjuku Gyoen (¥500), Ueno Park (free), Yoyogi park Total parks = ¥500</p> <p>Other cultural activities Tsukiji/Toyosu Markets (free) Thermae-Yu onsen (¥2,750) Different Sentoi in Tokyo (~¥1,650) FC Tokyo J-League, home supporter side (¥4,700) ticket.fctokyo.co.jp Sumo Aki Basho Tournament, seated chair (¥4,000) sumo.or.jp/en/ticket Nezu Jinja Matsuri 20-21 Sept (free) Total other cultural activities = ¥13,100</p> <ul style="list-style-type: none"> Day trip -- Izu Oshima (1 night) Jetfoil Takeshiba↔Oshima ¥16,840 r/t + Guesthouse, 1 night ¥5,000 japanrailclub.com Bike rental ¥4,000 Mt Mihara volcano, Ura-sabaku Desert, Habuji Port Subtotal Izu Oshima = ¥25,840 Day trip -- Nikko Train ¥2,800 r/t Toshogu Shrine entrance ¥1,300 + Kegon Falls free Subtotal Nikko = ¥4,100 Day trip -- Kamakura Train ¥1,880 r/t + Kotoku-in Great Buddha ¥300 + Hokoku-ji bamboo grove ¥500 + Hasedera ¥400 Subtotal Kamakura = ¥3,080 Day trip -- Oiso Relaxing day at the beach -- train ¥900 r/t Subtotal Oiso = ¥900 	

	<p>Ferry Tokyo→Hokkaido ¥9,000 Sunflower Ferry <i>(Ferry counted in overall flights budget on the last page)</i></p>	<ul style="list-style-type: none"> • Day trip -- Okutama gorges Train Shinjuku-Okutama ¥2,200 r/t , hike free tokyocheapo.com, tsunagujapan.com <p style="text-align: right;">Subtotal Okutama = ¥2,200</p> • Day trip -- Tsuchiura Fireworks Train ¥1,200 r/t, standing free <p style="text-align: right;">Subtotal Tsuchiura = ¥1,200</p> • Day trip -- Hitachi Seaside Park Train ¥1,200 r/t + entry ¥800 + local bus ¥270 <p style="text-align: right;">Subtotal Hitachi = ¥2,270</p> <p>TOTAL day trips/excursions = ¥39,590</p> <p>Full calculation for Tokyo (2 months): Accommodation 140,000 + Base transport 30,000 + Day trips/excursions 39,590 + Food 100,000 + Phone 6,000 + Administrative 6,000 + Museums 3,000 + Parks 500 + Other cultural 13,100= ¥338,190</p> <p>TOTAL TOKYO (2 months) = ¥338,190 <i>(excl. Tokyo to Hokkaido flight incl. in overall flights budget (last page))</i></p>
<p>November 2026 (1 month)</p>	<p style="text-align: center;"><u>Sapporo</u></p> <p>Share house 50,000/month sakura-house.com oakhouse.jp sharehouse.in</p> <p>Total accommodation : ¥50,000 <i>(excl. overnight excursions)</i></p> <p>Public Transport ¥10,000/month <i>(Serve as a monthly base, excl. the ones for each day trip and overnight excursions)</i></p> <p>Total public transport : ¥10,000</p> <p>Total day trips/excursions : ¥48,460 <i>(Transports, Activities and Housing included in each trip and detailed on the right column)</i></p> <p>Food ¥50,000/month</p> <p>Total Food : ¥50,000</p>	<p>[Sapporo -- Fixed Base] Hokkaido in November offers a last window to experience Japan's northernmost island before alpine areas close for winter.</p> <p>Museums Sapporo Beer Museum (¥1,000) Hokkaido University Museum Total museums = ¥1,000</p> <p>Parks Odori Park, Nakajima Park, Maruyama Park (all free) Total parks = ¥0</p> <p>Hiking Sounkyo Gorge walk (free) Visit around Daisetsuzan lower trails (free) Total hiking = ¥0</p> <p>Other cultural activities Nijo Market, Susukino, Nikka Whisky tour (free) Sapporo Ramen Alley (¥1,050) Fort Goryokaku tower (¥1,000) Motomachi district (free) Total other cultural activities = ¥2,050</p> <p>Food: Hokkaido specialty cuisine, miso ramen with butter/corn, fresh seafood, Hokkaido dairy products</p> <ul style="list-style-type: none"> • Day trip -- Otaru Canal Train Sapporo-Otaru ¥1,500 r/t sapporostation.com, hokkaido-adventures.com Activities: Stroll along the historic Otaru Canal at sunset (free) Music Box Museum (free) Kitaichi Glass workshop browsing (free) Otaru-style sushi at the market stalls <p style="text-align: right;">Subtotal Otaru = ¥1,500</p> • Overnight excursion -- Noboribetsu (1 night) Bus ¥4,000 r/t japan-guide.com Hostel ¥5,000/night Activities: walk through Jigokudani (Hell Valley, bubbling volcanic vents and sulfur landscape (free) Onsen bath fed by the valley's hot springs (¥750) <p style="text-align: right;">Subtotal Noboribetsu = ¥9,750</p> • Overnight excursion -- Sounkyo Gorge + Daisetsuzan (1 night) Train+bus ¥13,960 r/t frommers.com Hostel ¥4,000 Activities: walk the Sounkyo Gorge cliffs and waterfalls (free lower-elevation hiking trails in Daisetsuzan National Park <p style="text-align: right;">Subtotal Sounkyo = ¥17,960</p> • Overnight excursion -- Hakodate (2 nights) Night bus ¥9,450 r/t + ropeway ¥1,800 r/t willer-travel.com, tripadvisor.com Hostel ¥4,000/night x2 Activities: Mt Hakodate night view Hakodate Morning Market, fresh seafood and crab tasting Stroll the Motomachi district's Western-style buildings (free) Goryokaku star-shaped fort grounds (free, tower entry counted separately above <p style="text-align: right;">Subtotal Hakodate = ¥19,250</p>

	<p>Flight Sapporo→Fukuoka ¥12,000 <i>Skyscanner</i> (Flight counted in overall flights budget on the last page)</p>	<p>TOTAL day trips/excursions ¥48,460</p> <p><i>Full calculation for Sapporo 1 month :</i></p> <p>Accommodation 50,000 + Base transport 10,000 + Day trips/excursions 48,460 + Food 50,000 + Phone 3,000 + Museums 1,000 + Other cultural 2,050 = ¥164,510</p> <p>TOTAL SAPPORO (1 month) = ¥164,510</p> <p><i>excl. Sapporo to Fukuoka flight incl.in overall flights budget (last page)</i></p>
<p>December 2026 to 23 January 2027 (~7.5 weeks)</p>	<p style="text-align:center"><u>Fukuoka</u></p> <p>Share house 50,000/month x2 <i>sakura-house.com</i> <i>oakhouse.jp</i> <i>sharehouse.in</i></p> <p>Total accommodation : ¥100,000 (excl. overnight excursions)</p> <p>Public Transport ¥10,000/monthx2 (Serve as a monthly base, excl. the ones for each day trip and overnight excursions)</p> <p>Total public transport : ¥20,000</p> <p>Total day trips/excursions : ¥32,440 (Transports, Activities and Housing included in each trip and detailed on the right column)</p> <p>Food ¥50,000/monthx2</p> <p>Total Food : ¥100,000</p> <p>Baito income (~4weeks): ~¥80,000 <i>A baito remain fully optional. As detailed in the final budget summary, my savings alone fully cover this trip</i></p> <p>Bus Fukuoka → Hiroshima : ¥3,000 <i>willer-travel.com</i></p>	<p>[Fukuoka -- Fixed Base] Fukuoka serves as my fixed base from early December through the third week of January. Renting a share house for two consecutive months is simpler to arrange and often more economical than booking a hostel night by night for January alone. I'm planning to find a part-time work in December while exploring Fukuoka. The following three weeks are dedicated to excursions across Kyushu, before relocating to Hiroshima for the final week.</p> <p>Part-time work (baito) ~4 weeks Hospitality/Restauration/Cafe -- ~20h/week at ¥1,000/h, ~¥80,000 <i>gaijinpot.com / hellowork.mhlw.go.jp, / ndeed.jp...</i></p> <p>Total baito income = +¥80,000</p> <p>Museums Fukuoka City Museum (¥200) Prefectural Art Museum (¥210) Hakata Machiya (¥300)</p> <p>Total museums = ¥710</p> <p>Temples, Parks & Hiking Tocho-ji Temple, Kushida , Dazaifu Tenmangu, Nyoirin-ji Ohori Park (¥250) ,Shofu-en (¥250)</p> <p>Total temples/parks = ¥500</p> <p>Other cultural activities Tenjin Christmas Market (free) Yatai stalls (¥1,650) Fukuoka Tower (¥800) Sento (¥500) teamLab Forest (¥2,200) Neighborhood : Gion, Nakasu, Tenjin, Momochi...</p> <p>Total other cultural activities = ¥5,150</p> <p>• Day trip -- Dazaifu Train Nishitetsu Tenjin-Dazaifu ¥1,040 r/t <i>japan-guide.com, dazaifutenmangu.or.jp</i> Activities: Dazaifu Tenmangu Shrine ground Plum blossoms in January (free) Stroll and try traditional sweets (Umegae Mochi) Subtotal Dazaifu = ¥1,040</p> <p>• Day trip -- Beppu 7 Hells Bus/train ¥6,500 r/t + 7 Hells pass ¥2,200 <i>enjoyonsen.city.beppu-jp.com -- one-way alone already ¥3,000-3,500</i> Activities: Tour the seven geothermal "hells" (Umi Jigoku's blue pond, Oniishibozu's bubbling mud, Chinoike Jigoku's red waters) Subtotal Beppu = ¥8,700</p> <p>• Overnight excursion -- Mt Aso / Kumamoto (1 night) Bus Fukuoka-Kumamoto ¥6,000 r/t + bus Kumamoto-Aso ¥3,600 r/t <i>japan-guide.com</i> Hostel ¥3,000 Activities: Kumamoto Castle (¥800) Mt Aso Hike Eboshidake (free) Aso grasslands hiking (free) Subtotal Aso/Kumamoto = ¥13,400</p> <p>• Overnight excursion -- Nagasaki (1 nights) Bus ¥5,800 r/t + Hostel ¥3,500 <i>jrailpass.com, japan-guide.com</i> Activities: Atomic Bomb Museum + Peace Park (free outdoor area) Glover Garden (free viewing from outside) Dejima Island historic district (free) Megane Bridge (free) Subtotal Nagasaki = ¥9,300</p> <p>TOTAL day trips/excursions (Fukuoka) = ¥32,440</p> <p>Full calculation for Fukuoka (~7.5 weeks):</p> <p>Accommodation 100,000 + Base transport 20,000 + Parks 500 + Day trips/excursions 32,440 + Food 100,000 + Phone 6,000 + Museums 710 + Other cultural activities 5,150 + Bus Hiroshima 3000 - Baito income 80,000 = ¥187,800</p> <p>TOTAL FUKUOKA (with baito) = ¥187,800</p>

Last week of
January 2027
(7 nights)

Hiroshima

Hostel 3,500/nightx7
[booking.com](https://www.booking.com)

Total accommodation : ¥24,500

*Monthly Food and Monthly
Public Transport being already
counted for the entire two
months, in Fukuoka's page to
make it more simple.*

Bus Hiroshima → Osaka : ¥2,500
[willer-travel.com](https://www.willer-travel.com)

[Hiroshima -- Separate Stop] Final week of January, dedicated to Hiroshima before departing directly to Osaka -- a clean, self-contained stop with its own accommodation and budget.

Museums

Peace Memorial Museum (¥200), Mazda Museum (free)

Total museums = ¥200

Parks

Shukkei-en Garden (¥250) Peace Memorial Garden (free)

Total parks = ¥250

Temples

Mitaki-dera Temple (free), Gokoku-jinja

Total Temple= ¥0

Hiking

Misen Mount - Miyajima (free)

Total hiking = ¥0

Other cultural activities

Genbaku Dome UNESCO (free) | Hiroshima Castle (¥370)
| Okonomi-mura (¥1000)

Total other cultural activities= ¥1,370

Local Food speciality = Oysters, Okonomiyaki etc..

- **Day trip -- Miyajima Island**

¥Ferry ¥380 r/t + ropeway ¥1,200 r/t
Itsukushima Shrine floating Torii ¥300
Activities: Mt Misen ropeway ride and hike

Subtotal Miyajima = ¥1,880

- **Day trip -- Etajima Island**

Ferry ¥700 r/t
Activities: Cycle or walk through the island's quiet coastal villages and citrus orchards. (free)

Subtotal Etajima = ¥700

TOTAL day trips (Hiroshima) = ¥2,580

Departure

Direct bus Hiroshima to Osaka -- ¥2,500 one-way (see left column)

Full calculation for Hiroshima (7 nights):

Accommodation 24,500 + Osaka Bus 2,500 + Day trips 2,580 +
Museums 200 + Parks 250 + Other cultural 1,370 = **¥31,400**

TOTAL HIROSHIMA (7 nights) = ¥31,400

February 2027
to
March 2027
(2 months)

Osaka

Share house 60,000/month x2
[sakura-house.com](https://www.sakura-house.com)
[oakhouse.jp](https://www.oakhouse.jp)
[sharehouse.in](https://www.sharehouse.in)

Total accommodation : ¥120,000
(excl. overnight excursions)

Public Transport ¥12,000/monthx2
(Serve as a monthly base, excl. the ones for
each day trip and overnight excursions)

Total public transport : ¥24,000

[Osaka -- Fixed Base] Osaka in February and March coincides with the cherry blossom season across Western Japan -- the ideal base to explore the Kansai region at its most beautiful, with Kyoto, Nara and Himeji all within easy reach.

Museums

Moru Art Forest, Nara (¥1,500), Osaka City Museum of Fine Arts (Free)

Total museums = ¥1,500

Temples & Shrines

Sumiyoshi Taisha Shrine (free), Fushimi Inari (free), Eiheiji Temple and Nijo-jo Castle (both incl. in day trip), Fukui (free)

Total temples = ¥0

Parks

Arashiyama Bamboo Grove (free), Hoshida Park (free), Himeyama Park

Total parks = ¥0

Other cultural activities

Osaka Castle (¥1,200) | Nishiki Market, Kyoto, Echizen Daibutsu (incl. in day trip)
Sumo Haru Basho Tournament, seated chair (¥4,000)

sumo.or.jp/en/ticket

Universal Studio Osaka ¥8,900

Total other cultural activities = ¥14,100

February 2027
to
March 2027
(2 months)

(see above for
accommodation &
transport totals)

Total day trips/excursions : ¥48,460
(Transports, Activities and Housing included in each trip and detailed on the right column)

Food ¥50,000/monthx2

Total Food : ¥100,000

Flight
Osaka→Naha ¥9,000
[Skyscanner](#), [Trip.com](#)
(Flight counted in overall flights budget on the last page)

<ul style="list-style-type: none">• Day trip -- Himeji Castle Train ¥3,040 r/t + Ticket (¥2,500) workonmondaytravels.com, osakastation.com, visit-himeji.com Explore Japan's largest and best-preserved castle Walk the castle grounds and Himeyama Park <p style="text-align: right;"><u>Subtotal Himeji = ¥5,540</u></p>
<ul style="list-style-type: none">• Day trip -- Nijo Castle / Arashiyama / Fushimi Inari Hankyu ¥820 r/t + Nijo Castle entry ¥1,300 + Tenryu-ji garden ¥500 jrailpass.com, the-kansai-guide.com Activities: Nijo Castle's Fushimi Inari Shrine (free) Arashiyama Bamboo Grove (free) Tenryu-ji Zen garden <p style="text-align: right;"><u>Subtotal Kyoto = ¥2,620</u></p>
<ul style="list-style-type: none">• Day trip -- Nara Park + Todai-ji Kintetsu ¥1,360 r/t + Todai-ji entry ¥600 klook.com, japan-guide.com Activities: feed the free-roaming sacred deer in Nara Park Todai-ji's Great Buddha Hall, <p style="text-align: right;"><u>Subtotal Nara = ¥1,960</u></p>
<ul style="list-style-type: none">• Day trip -- Yoshino Kintetsu ¥2,340 r/t (range ¥1,170-1,690 one-way) japan-guide.com Activities: Hike through 30,000 cherry trees across Yoshino's mountainside during peak bloom, Kinpusen-ji Temple grounds (free) <p style="text-align: right;"><u>Subtotal Yoshino = ¥2,340</u></p>
<ul style="list-style-type: none">• Day trip -- Nara revisit Kintetsu Railway ¥1,360 r/t Activities: Second visit to explore Nara's lesser-known sights -- Kasuga Taisha Shrine's stone lanterns (free), Nara National Museum exterior grounds, Naramachi old merchant district (free) <p style="text-align: right;"><u>Subtotal Nara (2nd visit) = ¥1,360</u></p>
<ul style="list-style-type: none">• Overnight excursion -- Tottori Sand Dunes (1 night) Bus ¥8,400 r/t rome2rio.com -- willer-travel.com Hostel ¥3,750 Activities: Walk and sandboard across Japan's largest dune Sand Museum's sculpture exhibitions, Camel rides on the dunes <p style="text-align: right;"><u>Subtotal Tottori = ¥12,150</u></p>
<ul style="list-style-type: none">• Overnight excursion -- Echizen Daibutsu + Eihei-ji, Fukui (1 night) Train ¥2,500 r/t Hostel ¥4,000 Activities: Echizen Daibutsu, Japan's tallest indoor seated Buddha, surrounded by 1,281 stone Buddhas.(¥500) Eihei-ji Temple (¥700) <p style="text-align: right;"><u>Subtotal Fukui = ¥7,700</u></p>
<p>TOTAL day trips/excursions (Osaka) = ¥33,670</p>
<p>Full calculation for Osaka (2 months):</p> <p>Accommodation 120,000 + Base transport 24,000 + Day trips/excursions 33,670 + Food 100,000 + Phone 6,000 + Museums 1,500 + Other cultural 14,100= ¥299,270</p>
<p>TOTAL OSAKA (2 months) = ¥299,270 (excl. Osaka to Naha flight incl. in overall flights budget (last page))</p>

April 2027
to
May 2027

Okinawa (Naha)

Guest house 55,000/month
[booking.com](https://www.booking.com)
[oakhouse.jp](https://www.oakhouse.jp)
[sharehouse.in](https://www.sharehouse.in)

Total accommodation : ¥55,000
(excl. overnight excursions)

Public Transport ¥10,000/month
(Serve as a monthly base, excl. the ones for each day trip and overnight excursions)

Total public transport : ¥10,000

Food ¥50,000/monthx2

Total Food : ¥100,000

Baito income (~4weeks): ~¥80,000

[Naha -- Fixed Base] Okinawa in April and May offers a tropical conclusion to the journey -- part-time work in April to integrate locally into Okinawan life but also relax and enjoy Okinawa unique atmosphere. Followed by free island exploration in May before departing from Naha directly to Paris.

Part-time work (baito) -- Okinawa

Hospitality, Cafe, Restaurant -- ~20h/week at ¥1,000/h, ~¥80,000/month.
[Gaijinpot.com](https://www.gaijinpot.com), [Baitoru](https://www.baitoru.com), [Hellowork](https://www.hellowork.com)

Total baito income = +¥80,000

Museums

Okinawa Prefectural Museum (¥400)

Total museums = ¥400

Castle and Shrines

Shuri Castle (¥400), Naminoue Shrine (Free)

Total Castle = ¥400

Parks and Beach

Naminoue Beach, Mibaru Beach

Total parks = ¥0

Other cultural activities

Makishi Market, Kokusai Dori (free)
Tsuboya Yachimun-dori, Izakaya to try Awamori,
Okinawa World (¥2000)

Total other cultural activities ¥2000

Full calculation for Okinawa (April):

Accommodation 55,000 + Base transport 10,000 + Food 50,000
+ Phone 3,000 + Museums 400 + Castle 400 + Other cultural 2000
- Baito income 80,000 = **¥40,800**

TOTAL APRIL (with baito) = ¥40,800

April 2027
to
May 2027

Okinawa (islands circuit)

Naha last night ¥3,500
(One final night in Naha before departure to Paris)

Local transport : ¥5,000

Total of the Island Circuit : ¥161,400
(Transports, Activities and Housing included in each trip and detailed on the right column)

With the baito complete, May dedicated to free island exploration.
Circuit: Naha → Miyako → Naha → Kerama → Naha → Yoron → Naha → Paris -- all inter-island connections pass through Naha as the hub.

- **Overnight excursion -- Miyako Island (5 nights)**

Flight Naha r/t ~¥24,000

[Expedia](https://www.expedia.com), [Google Flights](https://www.google.com/flights), [skyscanner](https://www.skyscanner.com)

Guesthouse ¥6,000/night x5 = ¥30,000

Higashihenna Cape hike (free) | Yonaha Maehama Beach (free)

| Sunayama Beach (free) | Cycling Irabu Bridge (¥1,500/day)

Subtotal Miyako = ¥55,500

- **Overnight excursion -- Kerama Islands (5 nights)**

Ferry Naha r/t **¥7,400**

[tourismattractions.net](https://www.tourismattractions.net)

Guesthouse ¥7,000/night x5 = ¥35,000

Kerama Blue waters, coral snorkeling (¥1,500) | Kayak rental

(¥2,000/day) | Ama Beach (free)

Subtotal Kerama = ¥45,900

- **Overnight excursion -- Yoron Island (10 nights)**

Ferry Naha r/t ~¥9,000 (overnight, 9h each way)

[directferries.com](https://www.directferries.com)

Guesthouse ¥5,000/night x10 = ¥50,000

Cycling around Yoron (¥1,000/day)

Subtotal Yoron = ¥60,000

TOTAL day trips/excursions (May) = ¥161,400

Departure

Flight Naha to Paris late May 2027 (via Tokyo Haneda or Seoul Incheon)

[Skyscanner](https://www.skyscanner.com)

Full calculation for May:

Accommodation (Naha return) 3,500 + Local transport 5,000
+ Island Circuit 161,400 + Food 50,000 + Phone 3,000 = **¥222,900**

TOTAL MAY = ¥222,900

Departure:
Naha→Paris
~22 May 2027

Flight
Naha→Paris **¥90,000**
[Skyscanner](https://www.skyscanner.com), [Trip.com](https://www.trip.com)
(Flight counted in overall flights budget on the last page)

Full stay

Sept 2026

-

May 2027
(9 months)

Overall Budget Summary

Breakdown by period :

Tokyo (2 months) **¥338,190**

Hokkaido/Sapporo (November) **¥164,510**

Fukuoka (Dec to 23 Jan, net of baito) **¥187,800**

Hiroshima (last week of January, 7 nights) **¥31,400**

Osaka (Feb-Mar, 2 months) **¥299,270**

Okinawa (April) **¥40,800**

Exploration Okinawa (May) **¥222,900**

338,190 + 164,510 + 187,800 + 31,400 + 299,270 + 40,800 + 222,900
= **¥1,284,870**

Total expenses (9 months) = ¥1,284,870

Flights and insurance

Flights: Paris→Tokyo (¥90,000)

Ferry Tokyo→Hokkaido (¥9,000)

Flight Sapporo→Fukuoka (¥12,000)

Flight Osaka→Naha (¥9,000)

Naha→Paris (¥90,000)

= ¥210,000

Skyscanner, Trip.com

Travel insurance Globe PVT / ACS (1 year) **¥80,000**

pvtistes.net -- Globe PVT, annual fixed price

National Health Insurance (9 Months) **¥20,000**

Total flights + insurance = ¥310,000

Monthly period expenses = Total Months 1,284,870 + Flights and
Insurances 310,000 = **¥1,594,870**

Budget at departure

¥1,929,200 (~EUR 10,400)

Based on current exchange rate 1 EUR = ¥185.5).

Total estimated expenses

¥1,594,870 (~EUR 8,597)

Remaining funds

334,330 (~EUR 1,802)

Note on Budget and Part-Time Work:

The remaining balance will serve as a safety net against any unexpected expenses, while also allowing me to enjoy occasional shopping and other spontaneous experiences throughout my stay. In this context, the part-time work planned during my stay is intended solely as an enriching cultural and professional experience. As shown in the summary above, my initial capital allows me to be fully self-sufficient, meaning I am at no point dependent on local earnings to support my travels.